CMHA Waterloo Wellington

2026-27 Board of Directors Recruitment

Canadian Mental Health Association Waterloo Wellington | Association canadienne pour la santé mentale Waterloo Wellington

We're recruiting for a new Board member with:

- Experience in fund development, or a clinical background in mental health and substance use health
- We are also interested in individuals who reside in Wellington County

Are you interested in volunteering with a progressive, dynamic organization that seeks to make a real difference in the lives of marginalized and underrepresented groups, and those with mental health & substance use health challenges and developmental disabilities? **We're looking for someone like you to join our Board of Directors.**

Canadian Mental Health Association Waterloo Wellington (CMHA WW) is a non-profit organization that offers accessible, culturally responsive, and innovative mental health services that strengthen our community. As one of the largest community mental health agencies in Ontario, we provide a full range of mental health, substance use health, and developmental programs and services for residents in Waterloo Region and Wellington County.

Our Mission

Work with people to reach their wellness goals by offering accessible, culturally responsive, and innovative mental health services that strengthen our community.

Our Vision

A strong and supportive community where people can access flexible and inclusive mental health, substance use health, and developmental services that grow and change with their needs.

Our commitment to inclusion and diversity

We are committed to equity, inclusion and accessibility, and welcome and respect the diversity of all members of our community and committees. We aim to increase the diversity of our board by making intentional efforts to reflect the communities we serve, and actively seek individuals from underrepresented backgrounds.

We welcome applications from Black, First Nations, Inuit, Métis, and other racialized people, women, people with disabilities, 2SLGBTQIA+ people, and others who may contribute to the further diversification of perspectives and experiences within our group. We also welcome applicants who have lived experience with mental health and substance use health challenges.

We are committed to a fair assessment of a candidate's abilities, including consideration for non-traditional career paths.

We will support access to technology and internet as needed.

CMHA WW is inviting applications for the following positions:

Role and Term	Time Commitment

Board Member
• One position available
 	
• **3-year term** June or Fall 2026 to June 2029
	Monthly time commitment (approx. 10 hrs/month total)
	• Monthly meetings, last Thursday of the month (2.5 hrs/month)
	  ○ Board Education Session: 5:30 – 6:00 pm
	  ○ Board Meeting: 6:00 – 8:00 pm
	  ○ In person at CMHA WW offices, primarily in Guelph, occasionally in the KW area
	  ○ No meetings in December or summer
	• Serve on a Board committee relevant to your skills/experience (virtual, 1.5 hrs/month)
	• Review meeting materials (2 to 4 hrs/month)
	
	Additional time commitments
	• New member onboarding (flexible time commitment)
	• Annual Board Retreat (one Saturday in Fall 2026, for a half-day)
	• Encouraged to take part in other CMHA WW events, such as fundraising events and Ethics Committee.

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Who can apply?

- We welcome all applicants who possess skills, experiences and areas of expertise as identified above. **We are particularly interested in individuals with backgrounds in fund development or who have a clinical background, ideally in the broader health care and/or not-for-profit sector.**
- Individuals at the beginning of their career, as well as those with extensive governance experience.
- We are also interested in individuals who reside in Wellington County, as we aim to have representation from across our service areas on our Board.

Applicants must be at least 18 years old and ideally live in Wellington County, Guelph or Waterloo Region.

How to apply

- Visit https://cmhaww.ca/about-cmha/board-of-directors/ for an application, or
- Contact Amanda Connor, Executive Coordinator at aconnor@cmhaww.ca

CMHA WW is committed to providing accessible employment practices that are in compliance with the Accessibility for Ontarian's with Disabilities Act (AODA).

If you require accommodation for disability, please contact Heather Snider at hsnider@cmhaww.ca

Thank you for your interest!