

Regrets:



Association canadienne pour la santé mentale Waterloo Wellington

Katharina Markowiak, Treasurer

Virtual – MS Teams

Present:	Brooke Billings, Board Member Sean Bradley, Board Member Julia Goyal, Board Member (virtual) Lisa Hood, Board Member Deanne Metzloff, Board Member Pia Williams, Board Member	Julia Borges, Board Member Neil Dunsmore, Board Member Dana Hardy, Board Member at Large (virtual) Somkene Igboanugo, Board Member Irene Thompson, Board Chair
	Helen Fishburn, CEO Jennifer Prior, Director People & Culture	Michael Buchert, Director of Finance
Guests:	Beth King, Manager Funds Development	Lindsay Gladding, Community Committee Member Sherry Slejska, Community Committee Member
Recorder:	Heather Snider, Team Lead Administration	

Agenda Item	Discussion and Actions	
Board Education Session – Fund Development at CMHA WW	Members of the Fund Development Committee presented on the CMHA WW fund development program, including an overview of how annual targets are set and opportunities to foster engagement with donors through other CMHA WW initiatives, such as workplace wellness training.	
1.0 Welcome; Call to Order	Irene welcomed everyone and called the meeting to order.	
2.0 Territorial Acknowledgement	Sean shared his experience participating sentencing circles as part of Indigenous Persons Court, and in particular noted an instance when both the victim and accused knew each other, after which the charges were withdrawn due to balance being restored. Sean noted that this is a true example of restorative justice, and that it's important to be open minded and take cultural beliefs into consideration in the justice system.	
3.0 Approval of Agenda	It was duly MOVED and SECONDED to approve the March 27, 2025 CMHA WW Board of Directors agenda (Deanne Metzloff, Neil Dunsmore). CARRIED.	
4.0 Fund Development Committee Report	 The Board continued with a discussion about fund development at CMHA WW. How can the Board help? Donate within your means. Lisa noted that grant agencies typically include questions on Board donation statistics, so this supports our ability to access grant funds annually. Register for Shoppers Run for Women, and join the Board team! Attend or volunteer at other CMHA WW events. Support the Fund Development team with donor stewardship (e.g., writing thank you notes) and by engaging in conversations with your networks. 	
	 ACTION: We will provide an "elevator pitch" for Board members. Oversight The risk weighting of the fund development pipeline is now factoring into our 2025/26 budget forecast, and this is organized by a "confidence rating," depending on how likely we believe it is for the funds to be realized. 	





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Thursday, March 27, 2025 | 5:30 – 8:00 pm Virtual – MS Teams

Agenda Item	Discussion and Actions	
	Alison noted that as we are watching the uncertainty of our economy, we are also seeing the mental health needs of our community rise. We expect that we will need to lean into fund development increasingly over the coming months and years.	
	The FD team is small but mighty. Committee has really matured over the last few years and the reporting has become much more sophisticated in recent months.	
	ACTION: Michael will provide information on the administrative cost per dollar raised.	
5.0 Declaration of Conflict of Interest	No conflicts were declared.	
6.0 Approval of Consent Agenda	It was duly MOVED and SECONDED to approve the February 27, 2025 CMHA WW Board minutes (Neil, Pia) CARRIED.	
	It was duly MOVED and SECONDED that the consent agenda be approved (Dana Hardy, Lisa Hood). CARRIED.	
7.0 In Camera Meeting 6:28 pm – 7:37 pm	It was duly MOVED and SECONDED to move in camera for the Resources Committee Report and a financial update (Neil Dunsmore, Deanne Metzloff). CARRIED.	
	It was duly MOVED and SECONDED to close the in camera meeting (Dana Hardy, Julia Borges). CARRIED.	
8.0 2025/26 Operating Plan	Alison presented the 2025/26 operating plan, which aligns with the 2025-28 strategic plan pillars and was developed using a risk/decision-making framework and also included a financial review. We focused on achievable goals over the twelve-month span. These will also inform how we report the Board moving forward.	
	It was duly MOVED and SECONDED to approve the 2025/26 Operating Plan (Julia Goyal, Brooke Billings). CARRIED.	
9.0 Governance	The Governance Committee recommend approval of the following Board policies:	
Committee Report	 2-003 CEO Performance Management & Evaluation 5-039 Whistleblower Protection 	
	It was duly MOVED and SECONDED to approve the Board polices as noted above. (Neil Dunsmore, Dana Hardy). CARRIED.	
10.0Helen's Updates	The Grove – Oversight	
and Q&A	At recent committee meetings, questions have come forward re: clarity around the oversight and relationship between CMHA WW and The Grove.	
	Helen provided some background and noted that The Grove has been a wonderful addition to our service system but has also grown quickly and resulted in increased operating costs that have not been supported by ongoing increased funding. We are working through these challenges, including bridging both clinical and operational roles between both entities.	
	It is important for The Grove to maintain its identity outside of solely mental health, to maintain the low barrier point of entry for all youth. It is important to note that we are seeing youth with needs that are at a higher acuity than originally anticipated.	





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	The CMHA WW and Grove fund development teams have merged into one team with aligned strategies.
	Neil noted that it may be helpful for donors to understand that while donating to The Grove also means donating to CMHA WW, The Grove is funded at under half its actual operating costs and there will always be a need for fund development in this area.
	Some of The Grove sites are run by our partners. This alleviates the pressure of operating costs, but also presents potential vulnerabilities (e.g., possibility of site closures or loss of funding for those agencies).
	ACTION: Michael will provide information around the operational needs of The Grove, and what is covered from a funded perspective vs. a fundraising perspective.
11.0 Wrap Up and Closing Remarks	It was duly MOVED and SECONDED to adjourn the meeting (Deanne Metzloff, Somkene Igboanugo). CARRIED.
	The meeting was adjourned 8:11 pm.