



We're recruiting new Board members with the following skill sets:

- **Senior-level financial experience**
- **Senior-level human resources experience**
- **Clinical informatics, quality & risk**
- **Government relations**
- **Long-term board experience**
- **New Professional on Board** – one-year term, receive mentorship from a more experienced Board member

Are you interested in volunteering with a progressive, dynamic organization that seeks to make a real difference in the lives of marginalized and underrepresented groups, and those with mental health & substance use health challenges and developmental disabilities? **We're looking for someone like you to join our Board of Directors.**

Canadian Mental Health Association Waterloo Wellington (CMHA WW) is a non-profit organization that supports diverse communities to achieve the quality of life they desire. As one of the largest community mental health agencies in Ontario, we provide a full range of mental health and developmental programs and services for Waterloo and Wellington residents.

Our Mission

To strengthen our community and help people reach their wellness goals by offering accessible, culturally responsive, and innovative mental health services.

Our Vision

A strong and supportive community where everyone can access flexible and inclusive mental health, substance use health, and developmental services that grow and change with their needs.

Our commitment to inclusion and diversity

We are committed to equity, inclusion and accessibility, and welcome and respect the diversity of all members of our community and committees. We aim to increase the diversity of our board by making intentional efforts to reflect the communities we serve, and actively seeking individuals from underrepresented backgrounds. We welcome applications from Black, Indigenous and racialized persons, women and persons with disabilities, 2SLGBTQIA+ persons, and others who may contribute to the further diversifications of perspectives and experiences within our group. We also welcome applicants who have lived experience with mental health and substance use health challenges. We are committed to a fair assessment of a candidate's abilities, including consideration for non-traditional career paths. We will support access to technology and internet as needed.

CMHA WW is inviting applications for the following positions:

Role and Term	Time Commitment
Board Member <ul style="list-style-type: none"> • Two positions available • 3-year term • June 2025 to June 2028 New Professional on Board <ul style="list-style-type: none"> • One position available • 1-year term • June 2025 to June 2026 	Monthly time commitment (approx. 10 hrs/month total) <ul style="list-style-type: none"> • Monthly meetings, last Thursday of the month (2.5 hrs/month) <ul style="list-style-type: none"> ○ Board Education Session: 5:30 – 6:00 pm ○ Board Meeting: 6:00 – 8:00 pm ○ In person, at CMHA WW offices in Guelph and KW area ○ No meetings in December or summer ○ Note: our Annual General Meeting will take place on Tuesday, June 24 from 6:00 – 6:30 pm, followed by a regular Board meeting from 6:30 – 8:00 pm. • Serve on a Board committee relevant to your skills/experience (virtual, 1.5 hrs/month) • Review meeting materials (2 to 4 hrs/month) Additional time commitments <ul style="list-style-type: none"> • New member onboarding (flexible time commitment) • Encouraged to take part in other CMHA WW events, such as fundraisers and Ethics Forums.

CMHA Waterloo Wellington

2025-26 Board of Directors Recruitment



Canadian Mental
Health Association
Waterloo Wellington

Association canadienne
pour la santé mentale
Waterloo Wellington

Who can apply?

We welcome all applicants who possess skills, experiences and areas of expertise as identified above. **We are particularly interested in individuals with backgrounds in finance, clinical informatics/quality & risk, or government relations, ideally in the broader health care and/or not-for-profit sector.**

Applicants must be at least 18 years old and ideally live in Wellington County, Guelph or Waterloo Region.

How to apply

- Visit <https://cmhaww.ca/about-cmha/board-of-directors/> for an application, or
- Contact Heather Snider, Team Lead, Administration at hsnider@cmhaww.ca or 1-844-264-2993 x 2102

The deadline for applications is end of day Sunday, April 20, 2025.

CMHA WW is committed to providing accessible employment practices that are in compliance with the Accessibility for Ontarians with Disabilities Act (AODA). If you require accommodation for disability, please contact Heather Snider at hsnider@cmhaww.ca or 1-844-264-2993 x 2102. Thank you for your interest!
