



Canadian Mental
Health Association
Waterloo Wellington

Association canadienne
pour la santé mentale
Waterloo Wellington

Youth Outreach Information for Youth

How do I access this service?

- Phone Here24/7: 1-844-437-3247
- Drop into the Wyndham House Resource Centre: 133 Woolwich Street, Guelph
- Talk to someone at your school
- Drop into a Grove Youth Hub:
 - 737 Woolwich Street, Guelph (CMHA WW Children and Youth Services Building)
 - 390 Main Street East, Palmerston (beside Norwell District Secondary School)
 - 10 Thompson Crescent, Erin (Main Place Erin)
 - 900 Tower Street South, Fergus (Skyline Community Hub)
 - 50 College Avenue West, Guelph (University of Guelph)

For more information about Services for Children, Youth, and Families, visit:

<https://cmhaww.ca/services/children-youth-families/>

“CMHA WW” means Canadian Mental Health Association Waterloo Wellington.