



Canadian Mental  
Health Association  
Waterloo Wellington

Association canadienne  
pour la santé mentale  
Waterloo Wellington

# Support Coordination Information for Families

## Who is this service for?

This is a brief service for children and youth with mental health difficulties and their caregivers.

The difficulties occur in daily life at home and in the community (such as at school or child care).

The children/youth are 0 to 17 years of age (referred before their 18th birthday). They live in Guelph Wellington.

## What supports do we offer in this service?

- We help a child/youth access community opportunities that match their interests.
- We help the caregiver coordinate and communicate with supports.
- We guide the caregiver in accessing resources to address the health/basic needs of their family if needed (or assist the youth without family support with this).

## How do I access this service?

This is only available when you are already in another CMHA WW children's service. Talk to the person at CMHA WW who already works with your child/youth.

For more information about Services for Children, Youth, and Families, visit:

<https://cmhaww.ca/services/children-youth-families/>

*“Caregiver” means parent, caregiver, guardian.*

*“CMHA WW” means Canadian Mental Health Association Waterloo Wellington.*