



Canadian Mental  
Health Association  
Waterloo Wellington

Association canadienne  
pour la santé mentale  
Waterloo Wellington

# Intensive Case Management Information for Families

## Who is this service for?

This service is for children and youth with complex mental health and behaviour difficulties and their caregivers.

Several service providers are already involved due to the high needs of the child/youth and family.

Those service providers are from CMHA WW and outside of CMHA WW.

The children/youth are 0 to 17 years of age (referred before their 18th birthday). They live in Guelph Wellington.

## What supports do we offer in this service?

- We coordinate the team of service providers working with the child/youth and family.
- We help the family communicate with everyone involved.
- We lead meetings with the family and service provider team to develop action plans.
- We make referrals for specialized resources, services, and treatments.
- We help the child/youth and caregiver access resources and community opportunities that will support the child's needs.

## How do I access this service?

This is only available when you are already in another CMHA WW children's service. Talk to the person at CMHA WW who already works with your child/youth.

For more information about Services for Children, Youth, and Families, visit:

<https://cmhaww.ca/services/children-youth-families/>

***“CMHA WW” means Canadian Mental Health Association Waterloo Wellington.***

***“Caregiver” means parent, caregiver, guardian.***