



Canadian Mental
Health Association
Waterloo Wellington

Association canadienne
pour la santé mentale
Waterloo Wellington

Here4Kids/Here 24/7 Information for Families

What are Here4Kids and Here 24/7?

Here4Kids and Here24/7 are the access points for mental health and developmental services for children and youth:

- Here4Kids is the access point when a child is up to the age of 6 years.
- Here24/7 is the access point when a child/youth is 6 to 17 years of age (before their 18th birthday).

The children and youth live in Guelph Wellington.

How do Here4Kids and Here 24/7 help?

- We receive phone calls from caregivers who are looking for support for their children/youth.

We also receive calls from children/youth who are looking for support themselves.

- We talk with callers about what they might need.
- With a caller's consent, we make referrals to services and connect the caller to supports.

How do I contact Here4Kids or Here24/7?

If your child is 0 to 5 years of age (referred before their 6th birthday):

Phone Here4Kids: 1-844-454-3711

If your child/youth is 6 to 17 years of age (referred before their 18th birthday):

Phone Here24/7: 1-844-437-3247

If your child/youth is in crisis, contact Here24/7 immediately.

For more information about Services for Children, Youth, and Families, visit:

<https://cmhaww.ca/services/children-youth-families/>

“Caregiver” means parent, caregiver, guardian.