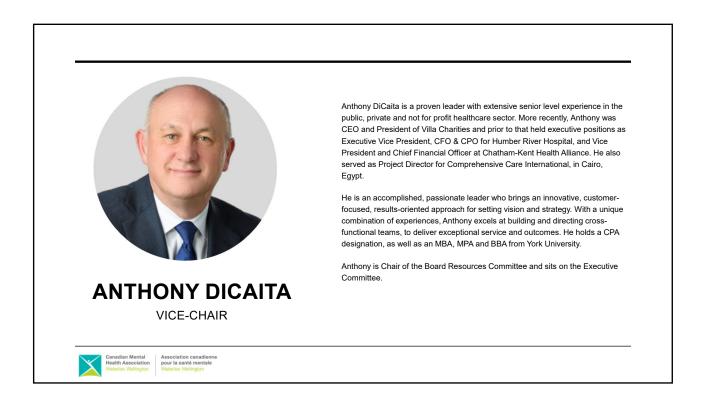
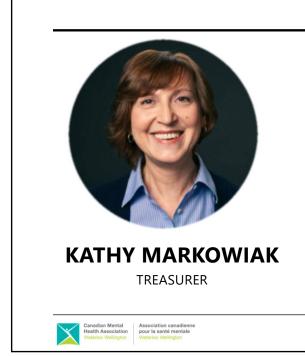


Irene Thompson has worked in post-secondary education sector for over 37 years and recently retired from the University of Guelph, where her last role was Vice-Provost, Student Affairs (Interim). Irene enjoys working with young adults and supporting their personal, academic, and social development. She oversaw a residence community of 4700 undergraduate students, two family housing complexes and 300 staff. Irene has served on many University related committees including those examining issues around substance use, mental health, and wellness.

Irene has held many leadership positions on campus, in the community and professionally. She is currently a member of the University of Guelph Board of Governors. She is active with the United Way of Guelph Wellington Dufferin Campaign Cabinet and has recently retired as a member of the Board of Directors. Irene is a Facilitator of the Mental Health First Aid course and regularly trains staff, faculty, and students from the University.

Irene is Chair of the Board Governance Committee and sits on the Executive Committee.





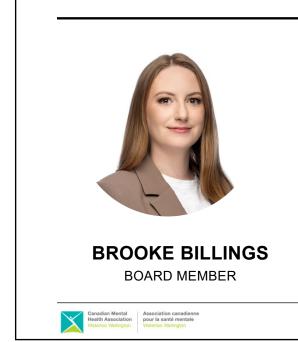
Kathy Markowiak is a senior Human Resources executive with 20 years of experience in all aspects of HR and more than 25 years in leadership positions. Kathy has expertise in strategic planning, facilitation, leadership development, coaching, performance management, succession planning, career management and employee engagement as well as managing change, building and shaping culture and communications. She has worked in both private and public sector organizations.

After a long career with Sun Life Financial, Kathy took on a role as interim head of Human Resources at Agricorp, a government agency supporting farmers and now holds the position of Vice President, Human Resources at ATS Automation.

She has volunteered with several organizations including the Kidney Foundation and most recently with Dancing with disAbility, Canada's first dance program tailored to meet both the physical and cognitive challenges of those living with MS, cerebral palsy, Parkinson's, stroke, and other movement disorders. Kathy holds a Mental Health First Aid Certificate, is a Fellow, Life Management Institute, and has a Business Administration diploma from Seneca College.

Kathy sits on the Board Resources Committee and the Executive Committee.





Brooke is a Chartered Professional Accountant (CPA), with over a decade of experience, who works mainly with charities, not-for-profits and municipal governments. Through this role, she has gained expertise in not only accounting and financial reporting, but other areas of concern to clients such as annual funder reporting, compliance issues, governance, and leadership.

Brooke is currently a Senior Manager at RLB LLP in Guelph. She is also a practice inspector for CPA Ontario, inspecting other firms for their compliance with audit, accounting and other relevant standards. This role not only helps her stay top of emerging trends and issues within the industry, but it also is a personal passion to continually pursue professional growth, learning opportunities and excellence in her field.

Brooke has experience on local boards, such as the Donkey Sanctuary of Canada and Yorklands Green Hub, serving as a Treasurer, director and member of the Finance Committee. She is a trusted advisor to many organizations in Guelph and the surrounding community, and is privileged to be able to both assist them professionally, as well as support these organizations at fundraising and other events. She is passionate about the local community and is honoured to work with so many of the organizations making positive changes.

Brooke sits on the Board Resources Committee.



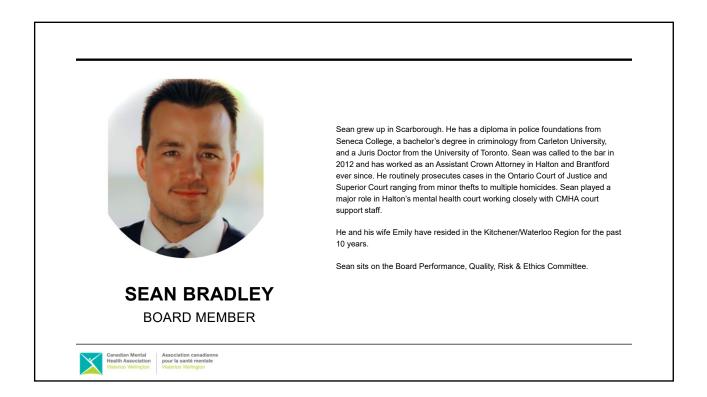


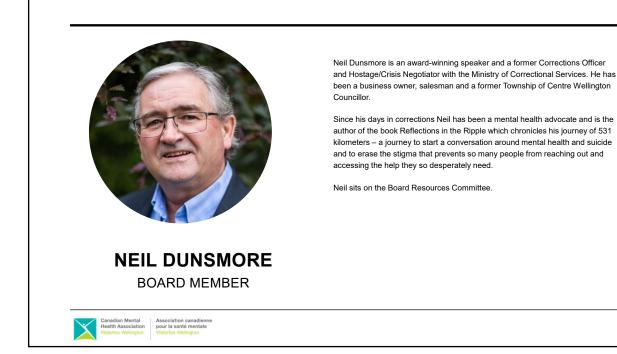
Mariah is a Political Science and Community Engagement Graduate from Wilfrid Laurier University, currently working as a dedicated public servant. She has worked with various non-government organizations, such as House of Friendship, The Working Centre, YWCA as well as with various levels of the government.

Mariah is a strong advocate with demonstrated commitment to anti-racism, mental health, addiction and housing services in the community. With experience in casework, public policy, government relations and mental health/addictions services, Mariah is passionate about community building and bridging gaps in services in our region.

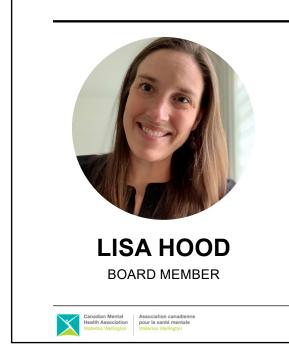
Mariah continues to pursue community led, holistic approaches to mental health and well-being, and hopes to bring attention to structural and systemic barriers to mental health care.

Mariah sits on The Grove Governance Committee.









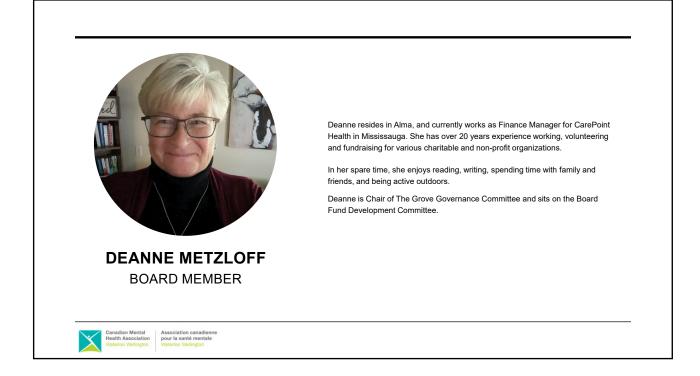
Lisa is a fundraising and engagement professional whose passion lies in creating access to educational opportunities, and building community. She works as the Vice-President, Philanthropy at Three Rivers YMCA.

Education has opened lots of doors for Lisa, with a BScH in Biology and Psychology, and an MA in Leadership. Her research experience runs the gamut from chickadee mating habits to employee retention, leadership development, and affective organizational commitment.

Lisa is an enthusiastic volunteer in her industry, as a speaker, volunteer and board member for the Canadian Council for the Advancement of Education and the Council for Advancement and Support of Education for more than 15 years. Locally she's involved with her neighbourhood association, and her children's schools. In 2014 Lisa was named among the Top 40 Under 40 in the City of Guelph, cited for her volunteerism and philanthropy.

Lisa is Chair of the Board Fund Development Committee.





	With over 25 years of dedicated professional librarian experience spanning both the publ and private sectors, Pia Williams is a seasoned leader in the field. Her diverse backgrour encompasses roles that range from law librarian, academic librarian, and public librarian fundraising prospect researcher, highlighting her multifaceted expertise and commitment excellence in library management.
Photo coming soon!	In addition to her extensive experience as a librarian, Pia has spent 10 years in the realn of fundraising as a prospect researcher. In this capacity, she has honed her skills in identifying and analyzing potential donors, contributing significantly to the success of fundraising initiatives and organizational growth.
	Pia is very passionate about mental health and addiction issues. Currently, Pia serves as the Executive Director of the Waterloo Region Law Association (WRLA), where she established the Mental Health Committee for the WRLA. This initiative aims to assist lega practitioners in the community by bringing awareness about mental health, tackling the stigmas and misconceptions within the legal community, and providing access to essenti mental health resources.
	Her commitment to the library profession extends beyond her professional roles. Pia has actively contributed to the community through her volunteer work and board membership. She has served as chair on the boards of the Ontario Association of Courthouse Librarie and Heritage Green Child Care, among other boards, and currently sits on the Appeal Tribunal for the City of Waterloo.
PIA WILLIAMS	Pia currently resides in Waterloo with her husband, two children, and two dogs. In her spare time, she enjoys reading, running, traveling, and spending time with family and friends.
BOARD MEMBER	



SYDNEY AUSTIN COMMUNITY COMMITTEE MEMBER

Sydney Austin is a fourth year undergraduate student in the Honours BA Psychology program at Wilfrid Laurier University. Sydney is actively engaged in the psychological research community at Laurier, currently holding the role of lab manager in IMPETuS social psychology lab, and honours thesis student in Cognisant cognitive neuroscience lab. Her undergraduate thesis aims to investigate motor outcomes for individuals with anxiety, autism, and ADHD in a variety of everyday environments.

Sydney has grown up in Waterloo Region all her life, and has had the opportunity to be involved with various community settings such as Waterloo Regional Police Services, Elmira District Secondary School, Wilfrid Laurier University, upon others. She is a board member for the Woolwich Counselling Centre, an organization providing counselling services for individuals, couples and families of all ages in the Woolwich township. Sydney works as Research Coordinator and Academic Writing intern at Get A-Head powered by Keel Mind, a Toronto-based digital therapy platform that provides free mental health support to post-secondary students across Canada. Here, she is creating a publication on e-mental health platforms and their relevance to post-secondary student mental health. She is the Student Representative for the Canadian Psychological Association (CPA), and Associate Departmental Representative for the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS) at Wilfrid Laurier University.

Sydney is incredibly passionate about mental health and advocating for accessible therapeutic support for all populations. Sydney's future goal is to pursue a Masters and PhD in the area of clinical psychology, with the eventual goal of becoming a clinical psychologist.

Sydney sits on The Grove Governance Committee



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LINDSEY GLADDING COMMUNITY COMMITTEE MEMBER

Lindsay Gladding currently serves as World Vision Canada's Director of Fragile and Humanitarian Programs. With more than a decade of experience in diverse humanitarian and emergency settings, she has deployed to emergencies around the world including Haiti, Pakistan, Afghanistan, Iraq, Zimbabwe and Niger. Lindsay spent 15 months with World Vision Lebanon as the Humanitarian Director, establishing World Vision's response to the Syrian refugee crisis. She is a passionate gender equality and mental health advocate and has developed strong skills in non-profit fundraising, mental health and psychosocial support especially for children in crises.

Lindsay has served as a contract faculty member in humanitarian and development studies at Brescia University College and Humber College. She holds an MA in Human Security and Peacebuilding at Royal Roads University, a Post-Graduate Diploma in International Project Management from Humber College, a BA in Socio-Cultural Studies from Western University, and a Diploma in Community Development from Brescia University College. Lindsay sits on the Fund Development Committee.



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SHERRY SLEJSKA COMMUNITY COMMITTEE MEMBER

Sherry Slejska has worked in the commercial, public, and non-profit sectors, where she polished her talents in strategic marketing communications program design and delivery and established and led talented teams. Her success has been catalyzed by her ability to grasp business objectives and promote specific, quantifiable solutions that interrupt, alter, and amplify dialogues.

Sherry's self-discovery and healing from childhood trauma sparked an interest in mental health advocacy and treatment. She provides individual support and leads trauma group programs at The Gatehouse in Toronto and the Sexual Support Centre (SASC) of Waterloo Region, where she works as a BSW practicum student. Sherry has an Advertising Diploma, advanced studies in Digital Marketing from McMaster University, a Chartered Marketer Designation from the Canadian Marketing Association, a BA in General Studies and Social Sciences, and is currently pursuing a Bachelor of Social Work at the University of Waterloo. Sherry sits on the Fund Development Committee.