

Association canadienne pour la santé mentale Waterloo Wellington

## **CMHA WW Board of Directors**

**Meeting Minutes** 

Thursday, April 25, 2024 | 5:30 - 8:00 pm

CMHA Waterloo Wellington | 737 Woolwich St, Guelph | 2<sup>nd</sup> Floor Group Room

**Present:** Katharina Markowiak, President Irene Thompson, Vice-President

Anthony DiCaita, Secretary-Treasurer Dana Hardy, Board Member at Large Brooke Billings, Board Member Mariah Blake, New Prof. on Board

Julia Goyal, Board Member Lisa Hood, Board Member

Helen Fishburn, CEO Alison DeMuy, Director Strategy & Community Engagement

Meredith Gardiner, Director of Services April O'Neill, Acting Director of Finance Krista Sibbilin, Director of Services Jeff Stanlick, Director of Services

Anna Tersigni Phelan, Director Quality & Risk & Chief Privacy Officer

Guest: CMHA WW Client Council & Family Council Members

**Recorder:** Heather Snider, Team Lead Administration

**Regrets:** Sean Bradley, Board Member Neil Dunsmore, Board Member

Somkene Igboanugo, Board Member Deanne Metzloff, Board Member

Agenda Item	Discussion and Actions
Board Education Session – CMHA WW Client Council and CMHA WW Family Council	Members of the CMHA WW Client Council and Family Council shared presentations with the Board, highlighting their annual workplans and council member involvement in CMHA WW programs, committees and initiatives.  Council members expressed gratitude for the opportunity to be so involved in CMHA WW, feel supported by CMHA WW to do this work, and feel that CMHA WW values their unique experiences and perspectives. They also stressed the importance of ensuring an ongoing commitment of communication.
	Council members stressed the following as issues to focus on:
	<ul> <li>Culturally informed service continues to be very important.</li> <li>Continuity of care – keeping the same worker with a loved one, regardless of where they are in the system at any given point.</li> <li>Ongoing residential options for clients</li> <li>Transitional aged youth is a very difficult time</li> <li>Need to support the family as a whole, and consider support for siblings. Many families aren't able to access the private system.</li> <li>Discharge policies</li> <li>Facilitate client and family member input on academic research studies.</li> </ul>
1.0 Welcome, Call to Order	Katharina Markowiak welcomed Board members.
2.0 Territorial Acknowledgement	Helen Fishburn shared a reflection on relationship building taking place between Crow Shield Lodge, Ignatius and CMHA WW.
3.0 Declarations of Conflict of Interest	No conflicts were declared.
4.0 Approval of Consent Agenda	It was duly <b>MOVED</b> and <b>SECONDED</b> to approve the March 28, 2024 CMHA WW Board minutes (Lisa Hood, Irene Thompson). <b>CARRIED.</b>
	It was duly <b>MOVED</b> and <b>SECONDED</b> that the consent agenda be approved (Brooke Billings, Dana Hardy). <b>CARRIED.</b>



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5.0 Governance Committee Report	Feedback from March 28, 2024 Board Meeting
	Irene Thompson reviewed feedback from the previous Board meeting.
	Ontario Not-for-profit Corporations Act (ONCA) Compliance Update
	The Governance Committee met twice with Miller Thomson over the past month to work on revising the CMHA WW Bylaws and related Governance policies.
	<b>ACTION:</b> We will have an education session on ONCA at our May Board meeting, and present the revised bylaws and policies at that time.
	<b>Board recruitment update</b> – We are interviewing potential candidates in upcoming weeks.
	<b>CEO performance evaluation update</b> – surveys have been sent out to the Board, Helen, her direct reports, a selection of leadership and staff, and a selection of community partners.
	It was duly <b>MOVED</b> and <b>SECONDED</b> to accept the April 2024 Governance Committee report. (Dana Hardy, Lisa Hood). <b>CARRIED.</b>
6.0 In Camera Meeting 6:52 – 8:16 pm	It was duly <b>MOVED</b> and <b>SECONDED</b> to move in camera for updates on the Woolwich Building and OPSEU Negotiations (Irene Thomson, Lisa Hood). <b>CARRIED.</b>
	It was duly <b>MOVED</b> and <b>SECONDED</b> that the Board move out of camera (Lisa Hood, Brooke Billings). <b>CARRIED.</b>
7.0 Closing and Debrief	It was duly <b>MOVED</b> and <b>SECONDED</b> to adjourn the meeting and move into a meeting without management (Irene Thompson, Lisa Hood). <b>CARRIED.</b>
	The meeting was adjourned at 8:17 pm.
8.0 Meeting without Management	A regularly scheduled meeting without management took place following the regular Board meeting.

Anthony DiCaita, Secretary Treasurer