

# CMHA Waterloo Wellington

## 2024-25 Board of Directors Recruitment



Canadian Mental  
Health Association  
Waterloo Wellington

Association canadienne  
pour la santé mentale  
Waterloo Wellington

### We're looking for new Board members and Board committee members!

Are you interested in volunteering with a progressive, dynamic organization that seeks to make a real difference in the lives of marginalized and underrepresented groups, and those with mental health & substance use health challenges and developmental disabilities? Would you like to share your board experience and your talents while contributing to improved mental health, substance use health and developmental services? We're looking for someone like you to join our Board of Directors and Board committees.

Canadian Mental Health Association Waterloo Wellington (CMHA WW) is a non-profit organization that supports diverse communities to achieve the quality of life they desire. As one of the largest community mental health agencies in Ontario, we provide a full range of mental health and developmental programs and services for Waterloo and Wellington residents.

### Our Mission

We work to build a community in which everyone has what they need to live meaningful lives. We build human connections that make it possible for people to achieve their greatest potential. We inspire and support people in achieving the quality of life that they desire. We are there when you need someone.

### Our Vision

Imagine a community where: When you need support, wherever you are, there's someone.

**We are CMHA WW. We are more.**

### Our Values

Mutual Respect, Accountability, Integrity, Excellence, and Innovation

### Our commitment to inclusion and diversity

We are committed to equity, inclusion and accessibility, and welcome and respect the diversity of all members of our community and committees. We aim to increase the diversity of our board by making intentional efforts to reflect the communities we serve, and actively seeking individuals from underrepresented backgrounds. We welcome applications from Black, Indigenous and racialized persons, women and persons with disabilities, 2SLGBTQIA+ persons, and others who may contribute to the further diversifications of perspectives and experiences within our group. We also welcome applicants who have lived experience with mental health and substance use health challenges. We are committed to a fair assessment of a candidate's abilities, including consideration for non-traditional career paths. We will support access to technology and internet as needed.

### CMHA WW is inviting applications for the following positions:

Role and Term	Time Commitment
<b>Board Member</b> <b>3-year term</b> September 2024 to June 2027	<b>Monthly time commitment (approx. 10 hrs/month)</b> <ul style="list-style-type: none"><li>Monthly meetings, last Thursday of the month (2.5 hrs/month)<ul style="list-style-type: none"><li>Board Education Session: 5:30 – 6:00 pm</li><li>Board Meeting: 6:00 – 8:00 pm</li><li>In person, at CMHA WW offices in Guelph and KW area</li><li>No meetings in December or summer</li></ul></li><li>Serve on one Board committee, typically virtual (1.5 hrs/month)</li><li>Review meeting materials (2 to 4 hrs/month)</li></ul> <b>Additional time commitments</b> <ul style="list-style-type: none"><li>New member onboarding (3 hrs)</li><li>Annual Board Retreat – half day in Oct or Nov. In person, Guelph or KW area (3 hrs)</li><li>Encouraged to take part in other CMHA WW events, such as fundraisers and Ethics Forums.</li><li><b>Note:</b> the first Board meeting for new members will be the June 27, 2024 Annual General Meeting/Board Meeting (6:00 – 8:00 pm)</li></ul>

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<b>Board Committee Members</b> <ul style="list-style-type: none"><li>• Governance</li><li>• Resources (Finance &amp; HR)</li><li>• Performance, Quality, Risk &amp; Ethics</li><li>• Fund Development</li></ul> <b>1-year term</b> September 2024 to June 2025, with possibility of additional terms	<b>Monthly time commitment (approx. 3 hours/month)</b> <ul style="list-style-type: none"><li>• One monthly weekday meeting (1.5 hrs/month)<ul style="list-style-type: none"><li>○ Before 9:00 am or at end of workday</li><li>○ Typically virtual</li><li>○ No meetings in December or summer</li></ul></li><li>• Review meeting materials (1.5 hrs/month)</li></ul>

### Who can apply?

We welcome all applicants who possess skills, experiences and areas of expertise as identified above. We are particularly interested in individuals with experience in government relations, public relations and advocacy, as well as those who have experience with diverse populations and knowledge of the broader healthcare sector.

Applicants must be at least 18 years old and ideally live in Wellington County, Guelph or Waterloo Region.

### How to apply

- Visit <https://cmhaww.ca/about-cmha/board-of-directors/> for an application, or
- Contact Heather Snider, Team Lead, Administration at [hsnider@cmhaww.ca](mailto:hsnider@cmhaww.ca) or 1-844-264-2993 x 2102

**The deadline for applications is end of day April 14, 2024.**

CMHA WW is committed to providing accessible employment practices that are in compliance with the Accessibility for Ontarians with Disabilities Act (AODA). If you require accommodation for disability, please contact Heather Snider at [hsnider@cmhaww.ca](mailto:hsnider@cmhaww.ca) or 1-844-264-2993 x 2102. Thank you for your interest!

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