



1st Step Program Inclusion Criteria

Early Psychosis Intervention (EPI)



**Canadian Mental
Health Association**
Waterloo Wellington

**Association canadienne
pour la santé mentale**
Waterloo Wellington

■ About Early Psychosis Intervention

EPI Programs were developed across Ontario to support people experiencing symptoms of a psychotic disorder related to a serious mental illness such as schizophrenia, schizoaffective disorder, delusional disorder, or bi-polar disorder.

■ Program Inclusion Criteria

- Person is between the ages of 14 and 35 and resides in Waterloo Region or Wellington County
- Person has experienced recent symptoms of a first episode of psychosis of less than one year
- Person has received either no treatment for psychosis or six months or less treatment of psychosis
- Symptoms of psychosis is the primary issue or concern
- Person is aware the referral is being made for them

■ If you have any referral processing questions and/or concerns, please contact:

1st Step, Intake Clinician
Canadian Mental Health Association Waterloo Wellington
80 Waterloo Ave.
Guelph, ON
N1H 0A1
T: 1-844-264-2993 x 2040
F: 519-821-6139

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