

Association canadienne pour la santé mentale Waterloo Wellington

CMHA WW Board of Directors

Meeting Minutes Thursday, April 27, 2023 | 6:00 - 7:30 pm 80 Waterloo Ave | G02/04

Present: Irene Thompson, Vice-President Anthony DiCaita, Secretary-Treasurer

> Neil Dunsmore, Board Member Julia Goyal, Board Member

Lisa Hood, Board Member Somkene Igboanugo, Board Member Laura McNeilly, Board Member Jibran Khokhar, Board Member

David Pell, Board Member

Helen Fishburn, CEO Alison DeMuy, Director Strategy & Innovation Heather Eddy, Director People & Culture Meredith Gardiner, Director of Services Krista Sibbilin, Director of Services Jeff Stanlick, Director of Services

Anna Tersigni Phelan, Director Quality & Risk and Chief Privacy Officer

Guests: Emmi Perkins, Guelph Wellington Ontario Health Team Transformation Lead

Recorder: Heather Snider, Team Lead Administration

Regrets: Katharina Markowiak, President; Dana Hardy, Board Member at Large; Barbara Farrell, Director of Finance

Agenda Item	Discussion and Actions
Board Education	Emmi Perkins and Helen Fishburn presented.
Session Ontario Health Team (OHT) Overview and Update	As a reminder, OHTs were created to focus on population health and prevention, and the Guelph-Wellington OHT is well-situated to succeed in this model. Currently, the health system is in a period of "flux" and now we are focused on finding a balance between pandemic recovery and the original goal of health system transformation.
	The current GW OHT strategic priorities are: Health Equity, Pandemic Recovery, and Stronger Integration and Communication. From a Mental Health & Addictions (MHA) perspective, we have many organizations and working groups, including Ontario Health Centre of Excellence for MHA, Ontario Health MHA Advisory Table and sub-tables, a Waterloo-Wellington MHA Recovery Table, our OHTs and other local providers.
	Discussion
	 The provincial government support of health care privatization is not imminently and directly impacting OHTs yet.
	 Healthcare human resources pressures across the system pose a challenge to system transformation. This is why we need to find the balance between pandemic recovery, stabilization and transformation.
1.0 Welcome, Call to Order	Irene Thompson welcomed Board members.
2.0 Land	Irene shared a land acknowledgement.
Acknowledgement	Neil Dunsmore offered to share a land acknowledgment at the May meeting.
3.0 Declaration of Conflict of Interest	Anthony DiCaita declared a conflict of interest related to the Bargaining Update discussion in the in camera meeting. No other conflicts were declared.
4.0 Approval of Consent Agenda	It was duly MOVED and SECONDED to approve the March 30, 2023 CMHA WW Board minutes (Neil Dunsmore, Lisa Hood). CARRIED.
	It was duly MOVED and SECONDED that the consent agenda be approved (Neil Dunsmore, Lisa Hood). CARRIED.

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5.0 Governance Committee Report	 The CEO Performance Review is underway. Respondents include the Board Executive and committee chairs, Helen's direct reports, a selection of staff, and a selection of community partners. Board Recruitment Update – we are looking to fill positions for two Board members, some community committee members, and the New Professional on Board. The Nomination Committee consists of the Governance Committee, committee chairs, and Helen. Interviews are being scheduled. The annual Board self evaluation will be sent out in May. It was duly MOVED and SECONDED that the April Governance Committee report be approved (David Pell, Julia Goyal). CARRIED.
6.0 Helen's Update and Q&A	Helen highlighted the following: Mental Health Week (May 1 to 7) – the theme is "My Story." We have many events and media touchpoints planned, including:
	 Guelph Today op ed profiling Noah Irvine, mental health advocate Caregiver education session hosted by Family Council Helen is the keynote speaker at the University of Guelph Mental Health Week
	Psychiatry – we are forming a Medical Advisory Committee and have drafted the Physician Lead Role description. Psychiatry recruitment is ongoing.
	Year End – We landed year end at a \$15,000 surplus. The audit begins next week.
	Provincial Base Budget Increase – we are still waiting on formal details re: the 5% base budget increase.
	Protective Vests – We are gathering feedback from equity seeking groups on how to address the issue of protective vests for staff. This feedback will come to senior leadership, after which the Board will be updated.
	Shoppers Run for Women Fundraiser – We are seeing lots of staff engagement and have secured corporate sponsors, which will cover the costs for our Client Council and Family Council to enter teams.
7.0 Closing and Debrief	It was duly MOVED and SECONDED to adjourn the meeting (Somkene Igboanugo, Neil Dunsmore). CARRIED.
	The meeting was adjourned at 6:59 pm.
8.0 In Camera Meeting (6:59 – 7:53 pm)	It was duly MOVED and SECONDED to move in camera for updates on the Woolwich Building, Bargaining, and the CEO Salary Review (Neil Dunsmore, Laura McNeilly). CARRIED.
	It was duly MOVED and SECONDED to move out of camera (Neil Dunsmore, Somkene Igboanugo). CARRIED.

Irene Thompson, Vice-President

Anthony DiCaita, Secretary Treasurer