

- Present:**
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| <p>Katharina Markowiak, President
 Anthony DiCaia, Secretary-Treasurer
 Neil Dunsmore, Board Member
 Somkene Igboanugo, Board Member
 Laura McNeilly, Board Member</p> <p>Helen Fishburn, CEO
 Heather Eddy, Director People & Culture
 Meredith Gardiner, Director of Services
 Jeff Stanlick, Director of Services</p> | <p>Irene Thompson, Vice-President
 Dana Hardy, Board Member at Large
 Lisa Hood, Board Member
 Jibran Khokhar, Board Member
 David Pell, Board Member</p> <p>Alison DeMuy, Director Strategy & Innovation
 Barbara Farrell, Director of Finance
 Krista Sibbilin, Director of Services
 Anna Tersigni Phelan, Director Quality & Risk and Chief Privacy Officer</p> |
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- Guests:** Beth King, Manager Funds Development
- Recorder:** Heather Snider, Team Lead Administration
- Regrets:** Julia Goyal, Board Member

Agenda Item	Discussion and Actions
Board Education Session	<p>Anna Tersigni Phelan presented an Introduction to Accreditation – Governance Standards, including an overview of the Governance Self Assessment survey results.</p> <p>Anna will continue to provide education to the Board over the coming months, as we move towards the June 2024 Accreditation Survey. We will focus on governance standards highlighted as needing attention in the Governance Self Assessment results.</p>
1.0 Welcome, Call to Order	Katharina Markowiak welcomed Board members.
2.0 Land Acknowledgement	Helen Fishburn shared a land acknowledgement.
3.0 Declaration of Conflict of Interest	No conflicts were declared.
4.0 Approval of Consent Agenda	<p>It was duly MOVED and SECONDED to approve the March 9, 2023 CMHA WW Board minutes (Irene Thompson, Neil Dunsmore). CARRIED.</p> <p>It was duly MOVED and SECONDED that the consent agenda be approved (Irene Thompson, Neil Dunsmore). CARRIED.</p>
5.0 Resources Committee Report	<p>Draft 2023-24 Budget</p> <p>Barbara presented the 2023-24 Draft Budget, which will be submitted to Ontario Health. We have not been approached by any of our other funders to submit a budget at this point; the Children’s ministries typically ask for this in the fall.</p> <p>We are waiting on final confirmation from our funders re: the 5% base budget increase for mental health announced in the provincial budget. Modelling was included in this presentation to show how the 5% increase could apply to this budget, including an increase in staffing and wages.</p> <p>We are communicating with the Ministry to provide context on our targets for early intervention (First Step Early Psychosis program); over the past fiscal year we had triple the number of visits for this service than we are funded for.</p>

Agenda Item	Discussion and Actions
	<p>It was duly MOVED and SECONDED to approve the 2023-24 Draft Budget (Somkene Igboanugo, Anthony DiCaita). CARRIED.</p> <p>It was duly MOVED and SECONDED to approve the March 2023 Resources Committee Report (Neil Dunsmore, Anthony DiCaita). CARRIED.</p>
<p>6.0 Fund Development Risk Assessment Framework for Accepting Donations</p>	<p>Alison presented a Fund Development Risk Assessment Framework for Accepting Donations.</p> <p>This framework offers a fulsome method to assess risks from all donations, including donations from substance based organizations. A pre-screen tool will be developed by the Fund Development Committee, which will provide an efficient tool to determine whether the Risk Assessment Framework should be applied to a particular donation. Over time, we anticipate being able to develop standards for similar donation situations.</p> <p>The framework includes steps for mitigation strategies where necessary; these strategies can also be developed with donors, if appropriate.</p> <p>It was duly MOVED and SECONDED to endorse the use of a Risk Assessment Framework for Donations, including donations from substance use organizations (Lisa Hood, Neil Dunsmore). CARRIED.</p>
<p>7.0 Helen’s Update and Q&A</p>	<p>Helen highlighted the following:</p> <p>Woolwich Building</p> <ul style="list-style-type: none"> • The AV contract was awarded to Smith Anderson this week. • Helen will report regularly to the Board re: all advocacy meetings with funders. • A public fundraising campaign will be launched over the next few months. <p>Year End – we are in good shape for year end, which is a testament to Barbara Farrell and the Finance Team. We received over \$1M in one-time funding, which was applied to CMHA WW services and flowed to community partners.</p> <p>March 28 Federal Budget Announcement – it was disappointing to see that the Mental Health Transfer was not included. CMHA National provided a response to the budget. The new 988 national suicide crisis line will intersect with Here 24/7 when it is implemented.</p> <p>Risk Situations – we have seen a high number of sentinel events and high risk situations over the last month; this fits with the heaviness that continues to permeate the community in the wake of the pandemic.</p> <p>Removal of healthcare for non-insured individuals – this was identified in the provincial budget; however, we do not know details around this or how it may affect community mental healthcare. We will continue to update the Board on any developments.</p> <p>Children with Autism – we have seen a tremendous increase in referrals for children and youth with autism, and have a significant waitlist for assessments. We are reviewing the assessment process to look for efficiencies, with the aim of helping them access autism-specific funds faster. Other services from CMHA WW and community partners can be accessed while on the waitlist.</p>

Agenda Item	Discussion and Actions
	Generally, we are seeing an increase in children/youth with autism who are struggling with mental health. Children’s Mental Health Ontario (CMHO) is providing training on how to support these children/youth and their families with mental health.
8.0 Closing and Debrief	It was duly MOVED and SECONDED to adjourn the meeting (Irene Thompson, Neil Dunsmore). CARRIED. The meeting was adjourned at 7:35 pm.
9.0 In Camera Meeting (7:43 to 8:10 pm)	It was duly MOVED and SECONDED to move in camera for an update on the March 9, 2023 CMHA WW Board Meeting (Laura McNeilly, Irene Thompson). CARRIED. It was duly MOVED and SECONDED to move out of camera (Neil Dunsmore, Somkene Igboanugo) CARRIED.



Katharina Markowiak, President



Anthony DiCaita, Secretary Treasurer