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| Katharina Markowiak, President Anthony DiCaita, Secretary-Treasurer Neil Dunsmore, Board Member Somkene Igboanugo, Board Member David Pell, Board Member Helen Fishburn, CEO Barbara Farrell, Director of Finance Krista Sibbilin, Director of Services Anna Tersigni Phelan Director Quality & Risk and Chief Privacy Officer | Irene Thompson, Vice-President Dana Hardy, Board Member at Large Lisa Hood, Board Member Laura McNeilly, Board Member Heather Eddy, Director People & Culture Meredith Gardiner, Director of Services Jeff Stanlick, Director of Services Alison DeMuy, Director Strategy & Innovation |
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- Recorder:** Heather Snider, Team Lead, Administration
- Regrets:** Julia Goyal, Board Member
Stacey Rous, Board Member
Jibran Khokhar, Board Member

| Agenda Item | Discussion and Actions |
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| 1.0 Welcome, Call to Order | Katharina Markowiak welcomed Board members. |
| 2.0 Land Acknowledgement | Lisa Hood shared a land acknowledgement. |
| 3.0 Declaration of Conflict of Interest | No conflicts were declared. |
| 4.0 Approval of Consent Agenda | <p>It was duly MOVED and SECONDED to approve the October 27, 2022 CMHA WW Board minutes (Neil Dunsmore, Irene Thompson). CARRIED.</p> <p>It was duly MOVED and SECONDED that the consent agenda be approved (Neil Dunsmore, Irene Thompson). CARRIED.</p> |
| 5.0 Board Business | <p>Board Member Position and Nomination</p> <p>It was duly MOVED and SECONDED to add an additional CMHA WW Board Member position for the remainder of the 2022-23 Board year (Irene Thompson, Lisa Hood). CARRIED.</p> <p>It was duly MOVED and SECONDED to approve Julia Goyal for appointment as a member of the CMHA WW Board of Directors for a term running from December 7, 2022 to June 29, 2023 (Neil Dunsmore, Anthony DiCaita). CARRIED.</p> <p>Guelph Wellington Ontario Health Team Governance Council Terms of Reference</p> <p>It was duly MOVED and SECONDED that Canadian Mental Health Association Waterloo Wellington endorses the Guelph Wellington Ontario Health Team Governance Council Terms of Reference (Neil Dunsmore, Somkene Igboanugo). CARRIED.</p> |

| Agenda Item | Discussion and Actions |
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| <p>6.0 Resources Committee Report</p> | <p>Barbara reviewed the Q2 Resources Committee Report.</p> <p>Highlights</p> <p>We are at a surplus of \$638K, which we plan to have fully spent by fiscal year end.</p> <p>We are mostly meeting service volume targets. We are slightly below target in two areas:</p> <ul style="list-style-type: none"> • Here 24/7, primarily due to higher volume of calls than normal. • Children’s Services – we have been granted flexibility again this fiscal year, due to COVID. <p>Human Health Resources has been flagged as higher risk. We are focusing on novel recruitment and retention methods.</p> <p>Community Accountability and Planning Submission (CAPS)</p> <p>Barbara reviewed details around the draft CAPS budget being submitted to Ontario Health.</p> <p>This marks the beginning of our contract renewal with Ontario Health; our prior contract ran from 2019/20 – 2022/23. Over the past few years, reporting cycles have been irregular due to the pandemic. Contract terms have been changed to one year, so this contract will run over 2023/24.</p> <p>Barbara reviewed a number of strategies being used this year to achieve a balanced budget.</p> <p>Next steps:</p> <ul style="list-style-type: none"> • We will submit a draft, balanced budget to Ontario Health on Monday, December 12. • A meeting with Ontario Health will follow. • The draft CAPS budget will be presented at the January Resources Committee and Board meetings for approval. • Final submission to Ontario Health on January 31, 2023. <p>It was duly MOVED and SECONDED to approve the November 2022 Resources Committee Report (Neil Dunsmore, Somkene Igboanugo). CARRIED.</p> |
| <p>7.0 In Camera Session 6:35 – 6:55 pm</p> | <p>It was duly MOVED and SECONDED that the Board move into camera to discuss the Woolwich Building project (Neil Dunsmore, Irene Thompson). CARRIED.</p> <p>It was duly MOVED and SECONDED that the Board move out of camera (Neil Dunsmore, Somkene Igboanugo). CARRIED.</p> |
| <p>8.0 Helen’s Update and Q&A</p> | <p>Ethical Dilemma – Accepting Donations from Substance-based Organizations</p> <p>As requested by the Board at our October Board Retreat, CMHA WW Ethicist Dr. DiCarlo is currently conducting a meta-analysis on the risks/benefits of cannabis use.</p> <p>ACTION: Board members receive this information with the January Board package, and Dr. DiCarlo will join the January Board meeting to guide discussion.</p> |

| Agenda Item | Discussion and Actions |
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| | <p>ACTION: Dr. DiCarlo will also present on the final decision at Client Council, Family Council and the JEDI Committee.</p> <p>IMPACT – Safety Vests</p> <p>Jeff Stanlick, Director of Services, has been meeting with various stakeholders to discuss and collect feedback on the issue of IMPACT staff wearing safety vests. Feedback is being compiled and summarized, and will go to Senior Leadership for a final decision.</p> <p>ACTION: The decision and feedback summary will be shared with the Board.</p> |
| <p>9.0 Closing and Debrief</p> | <p>It was duly MOVED and SECONDED to adjourn the meeting (Neil Dunsmore, Somekene Igboanugo). CARRIED.</p> <p>The meeting was adjourned at 7:05 pm.</p> |



Katharina Markowiak, President



Anthony DiCaia, Secretary Treasurer