



# Mental Health and Justice Services

## What are Mental Health & Justice Services and who do they serve?



Canadian Mental Health Association  
Waterloo Wellington

Association canadienne pour la santé mentale  
Waterloo Wellington

Mental Health and Justice Services help people who are experiencing mental health or concurrent addictions and mental health concerns (whether diagnosed or symptoms suggesting a major mental illness) who are also charged with a criminal offense in Waterloo or Wellington Region. We offer direct support, individualized assistance, and advocacy in accessing services and community resources for adults 18+. Wellington County also offers Mental Health and Justice Services for youth aged 12-17.

Certain services, such as bail support, mental health court, drug treatment court, and mental health diversion, are offered at the discretion of the Crown Attorney and Judiciary. We provide support coordination services for adults and counselling for youth (as well as other individuals who are on probation).

## How can these services benefit me?

Our services can:

- Help people navigate through the justice system;
- Connect people with community service providers to address their mental health or concurrent addictions and mental health concerns;
- Help people transition back into their home communities after being released from custody;
- Provide mental health support, education, and advocacy for people and their families; and
- Connect people to the broader community through volunteering, social, or recreational activities.

How do I access these services?

Referrals are made through Here 24/7  
**1-844-HERE 247** (#s 437-3247)

To learn more, visit:  
[www.cmhaww.ca](http://www.cmhaww.ca)

## About our specific areas of support

### Probation

In Wellington County, Youth Justice Mental Health counselling is available to young offenders referred by their probation officers.

In Waterloo Region, Adult Probation Support assists people with mental health issues or concurrent disorders whose probation officer identifies that they are struggling with mental health issues related to their criminality.

### Mental Health Court

Mental Health Court Supports provide housing, treatment, crisis, and court supports to people with significant mental health issues or concurrent disorders who are involved with the criminal justice system.

Supports may also include bail planning, mental health diversion planning, and supports to navigate the justice system.

### Drug Treatment Court

Drug Treatment Court is a problematic substance use intervention model that combines addictions treatment with the court process. Support is provided to address needs such as housing, treatment, crisis planning, and support coordination for mental health issues that are related to their addictions and criminal involvement.

Drug Treatment Court is offered in both Waterloo Region and Wellington County.

### Release from Custody

Release from Custody supports provide people being released from Maplehurst Correctional Complex with supports to address their addiction/mental health needs as they return to the community.

Support is provided in the community post-release through advocating, referring, and linking them to appropriate mental health, addiction, and community services in the Waterloo Region and Wellington County.