



Mental Health and Justice Services

What are Mental Health & Justice Services and who do they serve?



Canadian Mental Health Association
Waterloo Wellington

Association canadienne pour la santé mentale
Waterloo Wellington

Mental Health and Justice Services helps people who are experiencing mental health concerns (whether diagnosed or symptoms suggesting a major mental illness) who are also charged with a criminal offense in Waterloo or Wellington region. We offer advocacy and individual assistance in accessing services and community resources for adults 18+. Wellington County also offers Mental Health and Justice Services for youth aged 12-17.

Certain services, such as bail support, mental health court, drug treatment court and mental health diversion, are offered at the discretion of the Crown Attorney and Judiciary. We provide support coordination services for adults and counselling for youth (as well as other individuals who are on probation).

How do I access these services?

Referrals are made through Here 24/7
1-844-HERE 247 (#s 437-3247)

To learn more, visit:

www.cmhaww.ca

How can these services benefit me?

Our services can:

- Enable easier navigation through the justice system;
- Connect individuals with community service providers to address their mental health concerns, instead of a punitive sentence;
- Help clients transition back into their home communities after being released on bail from custody;
- Provide mental health support, education and advocacy for individuals and their families; and
- Connect you to the broader community through volunteering, social or recreational activities.

About our specific areas of support

Probation

In Wellington County, Youth Justice Mental Health counselling is available to young offenders referred by their probation officers.

In Waterloo Region, the adult Probation Support Coordinator supports people with mental health issues and/or concurrent disorders whose probation officer identifies that they are struggling with mental health issues related to their criminality.

Mental Health Court

Mental Health Court Support Coordinators provide bail, diversion and non-diversion support to address needs such as housing, treatment, crisis planning and court support. These services are available for youth and adults depending on the region (youth support is provided in Wellington county only).

Drug Treatment Court

Drug Treatment Court is a substance abuse intervention model that combines addictions treatment with the court process. Support is provided to address needs such as housing, treatment, crisis planning and support coordination for mental health issues that are related to their addictions and criminal involvement. Drug Treatment Court is offered in both Waterloo Region and Wellington County.

Release from Custody

The Release from Custody program provides client centered release plans for individuals incarcerated at Maplehurst Correctional Complex struggling with their mental health. Support is provided in the community post-release through advocating, referring and linking them to appropriate mental health, addiction and community services in the Waterloo Region and Wellington County.