

**Present:** Katharina Markowiak, President  
Anthony DiCaita, Secretary Treasurer  
Neil Dunsmore, Board Member  
Somkene Igboanugo, Board Member  
Stacey Rous, Board Member  
Helen Fishburn, CEO  
Barbara Farrell, Director of Finance  
Meredith Gardiner, Director of Services  
Krista Sibbilin, Director of Services

Irene Thompson, Vice President  
Dana Hardy, Board Member at Large  
Julia Goyal, New Professional on Board  
Jibran Khokhar, Board Member  
Heather Eddy, Director People & Culture  
Anna Tersigni Phelan, Director Quality & Risk & Chief Privacy Officer  
Jeffery Stanlick, Director of Services

**Recorder:** Heather Snider, Team Lead, Administration

**Regrets:** Lisa Hood, Board Member; Laura McNeilly, Board Member

Agenda Item	Discussion and Actions
1.0 Welcome; Call to Order; Declaration of Conflict	Katharina Markowiak welcomed everyone to the meeting. No conflicts were declared.
2.0 Approval of Consent Agenda	It was duly <b>MOVED</b> and <b>SECONDED</b> to approve the May 26, 2022 CMHA WW Board minutes (Irene Thompson, Neil Dunsmore). <b>CARRIED</b> . It was duly <b>MOVED</b> and <b>SECONDED</b> that the consent agenda be approved (Irene Thompson, Neil Dunsmore) <b>CARRIED</b> .
3.0 Election of Officers	It was duly <b>MOVED</b> and <b>SECONDED</b> that the slate of Officers presented be accepted. (Jibran Khokhar, Neil Dunsmore). <b>CARRIED</b> .
4.0 Appointment of Executive Committee	It was duly <b>MOVED</b> and <b>SECONDED</b> that as per the CMHA WW By-laws, an Executive Committee be appointed for 2022-23 with the following members: Katharina Markowiak, President; Irene Thompson, Vice-President; Anthony DiCaita, Secretary-Treasurer; Dana Hardy, Member at Large (Neil Dunsmore, Somkene Igboanugo). <b>CARRIED</b> .
5.0 Governance Committee Report	Irene Thompson presented the Governance Committee report. <b>2021-22 Board Self Evaluation Feedback</b> The Board Self Evaluation is conducted in order to identify areas for improvement within our operation as Board members , and to identify areas for improvement in the way our Board functions, and to identify corresponding areas for education and training. <b>ACTION:</b> Please reach out to Irene or Katharina if you would like to provide further feedback, particularly on areas that were identified for improvement. Irene noted the following: <ul style="list-style-type: none"> <li>We will present the CEO Succession Plan on an annual basis to the entire Board.</li> <li>The Committee Evaluation Tool continues to be on the Governance Committee workplan.</li> <li>We will invite all Board members to the Fall 2022 Board orientation and will ensure that strong Committee orientation also occurs.</li> <li>Future recruitment efforts will focus on diversifying our membership.</li> </ul>

Agenda Item	Discussion and Actions
	It was duly <b>MOVED</b> and <b>SECONDED</b> to receive the June 2022 Governance Committee Report. (Dana Hardy, Neil Dunsmore). <b>CARRIED</b> .
<p><b>6.0 Helen’s Update and Q&amp;A</b></p>	<p>Helen highlighted the following items from her Board report.</p> <p><b>Challenges in Downtown Core</b></p> <p>Helen and Senior Leadership have been attending urgent meetings in Kitchener-Waterloo and Guelph re: the crises in our downtown cores. The issues are complicated, combining mental health, addictions, housing, poverty, COVID, business owners, police and city officials.</p> <ul style="list-style-type: none"> <li>• This was also a focus at the June CMHA ON Executive Leadership meeting.</li> <li>• Guelph Mayor Cam Guthrie is Chair of Ontario’s Big City Mayors; they made a strong statement asking the Premier to prioritize MH&amp;A funding to address these care and housing gaps, and asked for an urgent meeting with the Premier to discuss.</li> <li>• We are very involved and engaged: <ul style="list-style-type: none"> <li>○ Service Directors are coordinating temporary reallocation of staff.</li> <li>○ Waterloo Region Police Services and Guelph Police Services have increased their presence, and we have paired an IMPACT staff with the police to be more present and available in the downtown cores on both sides of the Region.</li> <li>○ We are pairing a Here 24/7 Service Coordinator with addictions expertise with a Self Help peer worker, who will take a collaborative approach.</li> </ul> </li> <li>• We continue to advocate for more resources. Helen sits on a Strategic Advisory Group in Guelph, which has formed to ensure advocacy efforts are aligned.</li> </ul> <p><b>CMHA Ontario Executive Leadership Network Meeting</b></p> <p>Helen attended the CMHA ON Executive Leadership Network Meeting in Toronto on June 16 &amp; 17, 2022.</p> <ul style="list-style-type: none"> <li>• A Government Relations expert presented predictions on the priorities of the new Conservative government. We expect a new Minister of Health and potentially a new Associate Minister of Mental Health &amp; Addictions. Conversation focused on how we can advocate and build relationships with these ministers. Helen has also reached out to our local MPPs to ask for meetings over the summer.</li> <li>• <i>Your Health Space</i> is a wellness program specifically designed for healthcare workers, including front line, support staff and leaders. CMHA WW is registered and we will be rolling this out for staff in the next few months.</li> </ul> <p><b>Ontario Health West – Site Visit at 80 Waterloo Ave</b></p> <p>On June 13, Julie Moore, Director, Health Equity and Priority Populations (Mental Health and Addictions) and Lynn Hinds, Vice President, Health Equity and Priority Populations, both from Ontario Health (West) visited CMHA WW. They were impressed with the depth and scope of our agency, and also joined us today on our visit to Crow Shield Lodge, an Indigenous land-based healing centre in New Hamburg.</p> <p><b>Physician Recruitment</b></p> <p>Our recent physician recruitment efforts have been successful, and we continue to conduct interviews and build relationships with prospective physicians.</p>

Agenda Item	Discussion and Actions
	<p>Dr. Essam Abdelmotaal started in early June with our Kitchener Flexible Assertive Community Treatment (FACT) team working 4 days per week. Dr. Iftikhar Hussain starts with Children’s Services in mid-August, on a full time basis.</p> <p><b>June All Staff Meeting</b></p> <p>We had an excellent all staff meeting on June 15, with a focus on staff appreciation and recognition. Helen thanked all Board members who attended.</p> <p>Some beautiful stories of resilience were shared, and we presented our Years of Service and Staff Appreciation awards. Congratulations to Helen, who is marking 20 years with CMHA WW, and to Heather Snider for receiving the Atlas Award (for excellence in her support role, which includes her Board work).</p> <p><b>Woolwich Street Building</b></p> <ul style="list-style-type: none"> <li>• Construction is going well, especially now that the crane operator and construction strikes are over.</li> <li>• Colliers is negotiating our Silvercreek office lease extension to June 30, 2023.</li> <li>• Barbara Farrell will be focusing on breaking down the financials for CMHA WW and The Grove over the summer.</li> <li>• Helen has been meeting with Robert Eilers re: finalizing the donation legal agreement.</li> </ul> <p><b>Accreditation</b></p> <p>Our next Accreditation Canada survey is scheduled for November 2023.</p> <ul style="list-style-type: none"> <li>• The current focus is on aligning our Accreditation Action Plan with the 2022-24 CMHA WW Strategic Goals. We will finalize this plan over the summer and start actioning the plan in September.</li> <li>• The Board will receive education on Accreditation starting this fall.</li> </ul>
<p><b>7.0 Closing and Debrief</b></p>	<p>It was duly <b>MOVED</b> and <b>SECONDED</b> to adjourn the meeting. (Neil Dunsmore, Jibrán Khokhar). <b>CARRIED.</b></p> <p>The meeting was adjourned at 7:26 pm.</p>

Katharina Markowiak, President

Anthony DiCaita, Secretary Treasurer