

Our locations

Our services



Canadian Mental
Health Association
Waterloo Wellington

Association canadienne
pour la santé mentale
Waterloo Wellington



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Health Association
Waterloo Wellington

Association canadienne
pour la santé mentale
Waterloo Wellington

Guelph

80 Waterloo Ave.
N1H 0A1

485 Silvercreek
Pkwy. N.
N1H 7K5

147 Wyndham St. N.
N1H 4E9

Kitchener

130 Weber St. W.
N2H 4A2

67 King St. E.
N2G 2K4

Waterloo

1 Blue Springs Dr.
N2J 4T3

Cambridge

1, 3-9 Wellington St.
N1R 3Y4

Fergus

234 St. Patrick St. E.
N1M 1M6

Mount Forest

392 Main St. N.
N0G 2L2

We also provide visiting/satellite services in
Arthur, Erin and Palmerston.

We offer services for children, youth, adults,
and seniors -- offerings varying based on
location, availability, and level of need.

Services include:

- Counselling and Treatment
- Psychiatry
- Comprehensive Dialectical Behaviour Therapy
- Mental Health and Justice Services
- Services for Eating Disorders
- Peer and Support Groups (Self Help)
- Supportive Housing
- Distress Centre
- Intensive Support Coordination
- Family Support
- Services for First Episodes of Psychosis
- Infant and Child Development
- Child and Youth Sexual Abuse Team
- Youth-Led Engagement Groups (WAYVE, YouthTALK)
- Intensive Geriatric Services
- Flexible Assertive Community Treatment Team
- Services in French



Our offices are open Monday to Friday
from 9 a.m. to 5 p.m.

All of our offices are wheelchair
accessible.

To learn more about our programs and
services, visit cmhaww.ca.

Sign up for our newsletter at
cmhaww.ca/sign-up-for-our-newsletter

Imagine a community where: when
you need support, wherever you are,
there's someone.

We are CMHA Waterloo Wellington.

We are more.

Who we are

What we do

Get in touch



When people come to CMHA WW, it's because they need more.

More support, expertise, community, or hope. More than what they and the people around them can provide. Whatever more is for each person, we're here to provide it -- and if we cannot provide it, we help them find it.

We work to build a community in which everyone has what they need to live meaningful lives. We build human connections that make it possible for people to achieve their greatest potential. We inspire and support people in achieving the quality of life that they desire. We are there when you need someone.

CMHA Waterloo Wellington is Canada's largest CMHA chapter and provides a full care system for those with addictions, mental health, or developmental needs.

CMHA Waterloo Wellington serves everyone from children to adults to seniors, all under one roof.

If you have any questions or concerns related to your privacy and CMHA WW, please contact our privacy and risk officer, Anna Tersigni at atersigni@cmhaww.ca or 1-844-CMHA WW3 (264-2993) ext. 2011.

For more information visit: www.cmhaww.ca/privacy

If you are in crisis, require immediate assistance, or wish to access our services, please call Here 24/7 at 1-844-HERE-247 (437-3247), TTY: 1-877-688-5501.

To reach someone for general information not related to accessing services, please call 1-844-CMHA-WW3 (264-2993) or email corporate@cmhaww.ca.

Your Feedback is important!

Visit: www.cmhaww.ca and click on 'complaints' to fill out a survey about the service we provide.



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