



## Molly Kriksic President



Canadian Mental  
Health Association  
Waterloo Wellington

Association canadienne  
pour la santé mentale  
Waterloo Wellington

Molly Kriksic has a passionate concern for inclusion and the seamless integration of all participants as a consultant in the field of sport and recreation for children and youth. Her career has been focused in the not-for-profit charitable sector which along with administration and programming duties has also meant extensive fundraising and special event planning.

She has degree in Recreation and Leisure Studies from the University of Waterloo and post graduate certificates in fundraising, public relations and leadership for Executive Directors.

For twenty years Molly was involved, as a volunteer and then as Executive Director, with Rainbow Programmes for Children, a summer day camp in Guelph providing quality programs that

embraces diversity and each individual's uniqueness and abilities. She was instrumental in getting Rainbow accredited with HIGH FIVE®, Canada's quality standard for children's recreation and sport. As a consultant to HIGH FIVE, she developed online training in policy and procedures, review and evaluation of programs, and dealing with children with a mental health disorder. She has been the recipient of the HIGH FIVE Trainer Excellence Award and continues as a Verifier for Accreditation.



## David Pell Vice-President



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David has extensive experience with organization development and management. He operated his own business and worked for government, universities and the voluntary sector. David was a partner in Development Initiatives Inc. an international consulting firm. He was the founder and president of the Community Business Resource Centre, George Brown College Foundation, a highly successful entrepreneurship training centre and consulting organization in economic development.

As the CEO of the Canadian Youth Business Foundation and the Canadian Youth Foundation, David expanded the organization's lending, mentor support and career planning programs for young people across Canada. As the CEO, David was appointed as an advisor to the Prince of Wales, Youth Business International (London UK). David was also the CEO of Street Kids International, an organization recognized by the United Nations as a leader in youth programming.

David is the author of several publications on economic and community development. He has been a member several boards of directors including Chair of Canadian Community Economic Development Network and Canadian Feed the Children. David is a management coach and instructor for professional development programs, including programs at Wilfred Laurier University.

David is Chair of the Board Governance Committee.



## Anthony DiCaita Treasurer



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Anthony DiCaita currently serves as President and CEO of Villa Charities Inc. He is a proven leader with extensive senior level experience in the Healthcare sector. Prior to joining Villa Charities, Anthony held executive positions as Executive Vice President, CFO & CPO for Humber River Hospital, and Vice President and Chief Financial Officer at Chatham-Kent Health Alliance. He also served as Project Director for Comprehensive Care International, in Cairo, Egypt.

He is an accomplished, passionate leader who brings an innovative, customer-focused, results-oriented approach for setting vision and strategy. With a unique combination of experiences, Anthony excels at building and directing cross-functional teams, to deliver exceptional service and outcomes. He holds a CPA designation, as well

as an MBA, MPA and BBA from York University.

Anthony is Chair of the Board Resources Committee.



## Andy Best Board Member



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Andy Best is the Vice President of The Letter M, a brand and strategy agency based in Guelph. Andy brings to the board experience from the public, private, not-for-profit and international sectors, as well as a strong focus on community building and the importance of personal and professional mental health. Andy is a dad to two and husband to one.

Andy is Chair of the Board Fund Development Committee.



## Lynda Davenport Board Member



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Lynda Davenport was a Registered Nurse for 44 years. She has recently retired from the University of Guelph where she was the Director of Student Health Services for over 15 years. Lynda's career in healthcare has included working in hospitals, psychiatry, long term care, retirement home industry, community nursing, teaching diploma Nursing students, occupational health and a partnership in a health and wellness education company.

Over the years Lynda has been a Board Member and volunteer for a number of health care, post secondary and local community organizations some of which include: Wellington-Dufferin-Guelph Public Health (Board Chair), WWLHIN, Conestoga College (Board Chair), Association of Colleges of Applied Arts and Technology of

Ontario (Board Chair), Registered Nurses Association of Ontario, Waterloo District Health Council (Board Chair), CADS, Friends of the Guelph Public Library, Guelph and Wellington Vital Signs Advisory Committee and Guelph Physician Recruitment and Retention Committee. Lynda has a lifelong commitment to health and wellbeing for individuals and for the community.

Linda is Chair of the Board Performance, Quality, Risk and Ethics Committee.



## Donnamarie Dunk Board Member



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Donnamarie Dunk is a long-time resident of the Waterloo and Wellington communities. She has a strong business acumen, specializing in the not-for-profit sector. She has held numerous leadership positions with hospitals, community care, mental health and addiction, developmental services and the Waterloo Wellington Local Health Integration Network (WWLHIN).

Donnamarie became a member of the CMHA WW Board of Directors in 2014 and has served as Chair of the Performance,

Quality, Risk and Ethics Committee. She is a transformational leader that passionately advocates for social justice, diversity, inclusion and belonging. She is committed to ending the stigma and creating accessible person-directed services that support full citizenship for all.

Donnamarie sits on the Board Governance Committee.



## Kathy Markowiak Board Member



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Kathy Markowiak is a senior Human Resources executive with 20 years of experience in all aspects of HR and more than 25 years in leadership positions. Kathy has expertise in strategic planning, facilitation, leadership development, coaching, performance management, succession planning, career management and employee engagement as well as managing change, building and shaping culture and communications.

After a long career with Sun Life Financial, most recently as Assistant Vice-President, Human Resources Business Partner, she is focused on opportunities where she can share her skills and knowledge.

She currently volunteers with Dancing with disAbility, Canada's first dance program tailored to meet both the physical and cognitive challenges of those living with MS, cerebral palsy, Parkinson's, stroke, and other movement disorders. Kathy is a Fellow, Life Management Institute, a life insurance designation, and has a Business Administration diploma from Seneca College.

Kathy sits on the Board Resources Committee.



## Julie Nicholls Board Member



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Julie has worked the majority of her career in healthcare management. She has an MBA in health service management, a diploma in mental health law, a certificate in healthcare risk management and a lean six-sigma black belt designation. Julie has worked for Health Quality Ontario for the last 5 years, focusing on Quality Improvement Plans provincially and working with the South West, Waterloo Wellington and HNHB LHINs as a regional HQO connection.

Prior to working at HQO, she implemented several initiatives such as creating a mental health regional crisis response team with the regional police and an initiative to improve dementia care in 35 long term care homes. She spent 10 years as the Director of Risk Management, Patient Safety and Patient Relations at Grand River Hospital.

Julie sits on the Board Performance, Quality, Risk & Ethics Committee.





## Stacey Rous Board Member



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Stacey Rous is the Executive Vice President and Chief Financial Officer at OTIP, Ontario Teachers Insurance Plan. OTIP serves the education community across Ontario, providing health benefits and other insurance needs as a not-for-profit Trust. At OTIP, Stacey is responsible for Finance and IT strategy, including financial operations of the company and is accountable for the Project Management Office. Stacey is an accomplished financial executive known for achieving financial and service benchmarks by creating a compelling vision, clearly communicating strategies and providing strong leadership.

Over the years, Stacey has been helping insurance and health care organizations grow and improve member experience with her finance and operational expertise. She has more than 25 years of progressive leadership experience in operational finance. Stacey has provided executive financial leadership to the Waterloo Wellington Local Health Integration Network, Allianz Global Assistance and Cowan Insurance Group of Companies.

Outside of her role with OTIP, Stacey is actively involved in building strong partnerships with communities to make a positive impact on social issues such as social isolations, poverty, inequality and mental health. She serves on the Board of the YMCA for Kitchener Waterloo, the Canadian Mental Health Association for Waterloo Wellington and International Women's Forum Waterloo. She previously served on the IWF Canada Sponsorship Committee to raise funds for the IWF World Leadership Conference.

Stacey is an MBA graduate from Athabasca University and holder of CPA designations in Canada and the US. Throughout her career, she has continued to seek educational opportunities and certifications that enhance her finance and operational capabilities, including: Chartered Professional Accountant (CPA, CMA) designation, Certified Public Accountant (US designation), Chartered Global Management Accountant (CGMA) designation and Advanced Health Leadership certification from the Rotman School of Management Executive Program.

Stacey sits on the Board Resources Committee.



## Chelsea Woolley

### Young Professional on Board



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Chelsea Woolley is a Portfolio Manager for Skyline Commercial Management Inc., a full-service commercial property management organization operating under the Skyline Group of Companies, a full-service real estate investment management corporation based in Guelph.

Chelsea has a strong background in business operations and administration with a continual focus on building lasting beneficial relationships with tenants, clients and business communities in the various territories Skyline services throughout Canada.

Previously, Chelsea worked for First Capital Realty Management Services, servicing various national tenants as part of the extensive

property management team, and as a member of the Skyline Living residential business operations team, providing support and customer service to potential and current residents, and social organizations to provide safe living spaces to their clients. Chelsea has a Bachelor of Arts Degree - Sociology from the University of Waterloo, and a Post Graduate Degree in Human Resource Management from Humber College.

Chelsea sits on the Board Performance, Quality, Risk & Ethics Committee.