



MINUTES
BOARD OF DIRECTORS OF
CMHA WW
MARCH 28, 2019

Present: Mary Kriksic, President
Krista Walford, Secretary-Treasurer (*via telephone*)
Anthony DiCaita, Board Member
Katharina Markowiak, Board Member
Julie Nicholls, Board Member
Helen Fishburn, Acting Executive Director/Senior Director of Services & System Transformation
Heather Eddy, Senior Director People, Culture & Quality
Tim Lewis, Senior Director Finance & Organizational Performance
Alison DeMuy, Director of Strategy & Innovation

David Pell, Board Vice-President
Lynda Davenport, Board Member
Donnamarie Dunk, Board Member
Jacqueline Marshall, Board Member
Dian Shannon, Board Member

Absent: Andrew Best, Board Member (with prior notification), Fred Wagner, Executive Director (with prior notification).

Recorder: Minerva Sánchez Rudman, Senior Executive Assistant

Guests: Cathie Miller, Nurse Practitioner with Eating Disorders Team, Alex, service recipient.

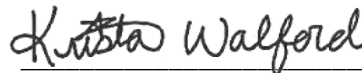
Welcome and Introductions	
Eating Disorders Presentation	<p>Alex, service recipient, shared her personal story of accessing services through the Eating Disorders Team. Alex shared that she's a recent graduate of the program with this being her second attempt at recovery. Alex noted that she wants to avoid the medical interventions she had in the past and wants to be healthy and live her life. Alex is back at work now in a new role with a new employer in a healthy environment.</p> <p>Cathie Miller, Nurse Practitioner with Eating Disorders Team shared information about the program. Any one can access the program and can make a referral, a referral from a health care provider is not needed. Referrals come through Here 24/7 program and currently there are three sites that have the services. Services are available for children/adolescents as well as adults and welcome package is given to each of the participants.</p> <p>Cathie added that the Eating Disorders population has the highest risk and highest mortality population in mental health.</p> <p>Lynda expressed her gratitude to Alex for sharing her story.</p>
Call to Order	
Declarations of Conflict	None declared
Approval of Consent Agenda	It was duly MOVED and SECONDED THAT the consent agenda be approved.
Resources Committee	<p>Krista provided a verbal report.</p> <p>The committee reviewed the financials as well as the governance policy for signing authority at their last meeting. The policy will be brought to the board at next month's meeting. HR metrics were presented by Heather and reviewed, no concerns were highlighted</p> <p>Tim provided an overview with the following highlights:</p> <ul style="list-style-type: none"> - The previous forecast indicated that the organization would be in a surplus position. Conversations with system partners have taken place

	<p>and additional funds have been disbursed towards counselling services. Funding was also disbursed to the Guelph General Hospital as part of the partnership on the mental health service EMHAS.</p> <ul style="list-style-type: none"> - Year-end invoices are still being processed but the forecast indicates that the budget is very close to being balanced. - An increase in the turnover rate was seen this year. This is in part due to an increase of retirements, layoffs over the past year, as well as an increase of individuals leaving the organization to the school board. Service volumes have been kept on target with the exception of counselling and treatment as well as case management as a result of FACT implementation. - <p>It was duly MOVED and SECONDED THAT the Resources Committee Report be accepted.</p>
<p>Budget Review</p>	<p>Tim reported that the budget submitted was not accepted as the WWLHIN had concerns with service volumes presented This is related to the FACT program, counselling and treatment and case management. The volumes are reduced as the complexity of individuals being served is higher, hence reducing the number of people being seen. WWLHIN have provided an extension until the end of June to continue to discuss the difference in the service volumes. Tim added that the fundraising target was also increased in the budget.</p> <p>Questions/Comments:</p> <ul style="list-style-type: none"> - Would we be impacted if a hiring freeze was rolled out? Heather noted that this is unlikely, and it would have to be reviewed if legislation is announced. - When does the collective agreement end? The current collective agreement ends Sunday March 31. We have been served with notice to bargain, however the pay equity process has not yet been finalized. - Would those in the union be the ones most affected by the freeze? This wouldn't necessarily be the case. This would be dependent on the guidelines the government releases. - Do we know the percentage of referrals being made with a low LOCUS score? And do we have a stream to direct them to? Pathways have been developed with counselling providers, referrals are re-directed once individuals call Here 24/7. - Can CMHA consider developing an EAP program? There are other local providers who offer this service, Guelph has a lot of providers that meet this need. As the climate changes this may be something that needs to be considered. Administration of this program could entail a high administrative burden. <p>It was duly MOVED and SECONDED THAT the Budget be accepted.</p>
<p>System Transformation Update</p>	<p>Helen provided an update on the sub region work currently underway.</p> <p>Guelph Puslinch – Currently focusing on changes that can be adopted in the near future to address the needs of the community. Guelph Family Health Team and Guelph General Hospital boards are meeting together to discuss opportunities for adopting the community care services.</p> <p>Cambridge North Dumfries – Consultants have been hired, with two models being reviewed and considered: Lead Agency Model and “Newco” Model (New company, where boards are dissolved, and one entity is created). The Executive Group developed the models.</p> <p>KW4 – Only 5% of physicians are part of a Family Health Team. Centre for Family Medicine has taken lead for coordinating an Ontario Health Team (OHT) application, a consultant has been hired. No discussion on scope for an OHT or a model as of yet. Once a Governors session is identified Helen will notify the board.</p> <p>Rural Wellington – An evening session was held and Governors asked that each signing authority Board approve a motion supporting the discussions to initiate an application.</p>

	<p>Expression of Interest for application in Ontario has not yet been released.</p> <p>CMHA is unique in that our service boundaries expand across four sub-regions.</p> <p>Lead Agency Consortium hired a consultant a few months ago to assist in their relationship with the government. The consortium expressed an interest in applying for their own specialized Ontario Health Team. This direction was not supported by the member organizations.</p> <p>Helen highlighted that there are three advocacy groups currently at the provincial level: Children’s Mental Health Ontario, CMHA Ontario, Addictions Mental Health Ontario.</p> <p>Premier Council Focus Group took place last week, 5 of these focus groups being hosted across the province. Helen was invited and was the only representative from Waterloo Wellington. The focus of the session was on how to move the system forward given the new structure that has been announced.</p> <p>Helen offered that the complex and vulnerable care group continues to be the best service option.</p> <p>A recent meeting took place with partner organizations who are most relevant in supporting complex and vulnerable people. There was significant interest from the Executive Directors of these organizations and each partner has shared this option with their boards. Why complex and vulnerable? There’s existing alignment with like minded organizations who all have community governed boards, with a common operational focus and organizational cultures, this would allow us to stay regional and utilize a health equity lens, which is a shared focus and priority.</p> <p>Unknowns: size of the population has not yet been identified, expressions of Interest guidelines have not yet been released, uncertainty of the vulnerable and complex model will be accepted by the government. It is unclear as to what regional office this area will belong to, Central or West.</p>
Governance Check Ins	Covered in the item above.
Rural WHA Steering Committee Decision	It was duly MOVED and SECONDED THAT the Board support the beginning of a process of submitting an application to create an Ontario Health Team in Rural Wellington, with the participants, structure and timing of the application to be determined.
Update on Shoppers Run for Women	<p>Flow Marketing was hired by Shoppers Drug Mart to organize the event. Alison and Megan participate in weekly calls to identify any areas where task support is needed.</p> <p>Over the next two weeks CMHA staff will be present at Shoppers Drug Mart in Waterloo Region to engage with shoppers, share about CMHA services, and promote the event.</p> <p>A promo code will be available with a \$5 discount for individuals who engage with our staff. Minerva will send out the schedule and locations to board members should they be able to attend one of the locations.</p>
Adjournment	It was duly MOVED and SECONDED THAT the meeting be adjourned.



Mary Kriksic
President



Krista Walford
Secretary-Treasurer