



## Molly Kriksic President

Molly Kriksic has a passionate concern for inclusion and the seamless integration of all participants as a consultant in the field of sport and recreation for children and youth. Her career has been focused in the not-for-profit charitable sector which along with administration and programming duties has also meant extensive fundraising and special event planning. She has degree in Recreation and Leisure Studies from the University of Waterloo and post graduate certificates in fundraising, public relations and leadership for Executive Directors.

For twenty years Molly was involved, as a volunteer and then as Executive Director, with Rainbow Programmes for Children, a summer day camp in Guelph providing quality programs that embraces diversity and each individual's uniqueness and abilities. She was instrumental in getting Rainbow accredited with HIGH FIVE®, Canada's quality standard for children's recreation and sport. As a consultant to HIGH FIVE, she developed online training in policy and procedures, review and evaluation of programs, and dealing with children with a mental health disorder. She has been the recipient of the HIGH FIVE Trainer Excellence Award and continues as a Verifier for Accreditation.



# David Pell

## Vice-President

David has extensive experience with organization development and management. He operated his own business and worked for government, universities and the voluntary sector. David was a partner in Development Initiatives Inc. an international consulting firm. He was the founder and president of the Community Business Resource Centre, George Brown College

Foundation, a highly successful entrepreneurship training centre and consulting organization in economic development. As the CEO of the Canadian Youth Business Foundation and the Canadian Youth Foundation, David expanded the organization's lending, mentor support and career planning programs for young people across Canada. As the CEO, David was appointed as an advisor to the Prince of Wales, Youth Business International (London UK). David was also the CEO of Street Kids International, an organization recognized by the United Nations as a leader in youth programming. David is the author of several publications on economic development and community and corporate partnerships. David is currently working as a consultant and an instructor in professional development programs. He is the Chair of Canadian Feed the Children and director and 2nd Chance, Employment Counselling.



# Krista Walford

## Secretary-Treasurer

Krista Hall is a Chartered Professional Accountant (CPA, CA) currently working as a Senior Accountant for BDO Canada. Through her role she leads a variety of audit teams, including numerous not-for-profit organizations within the community. Krista obtained both her Bachelor of Accounting and Masters of Accounting degrees at the University of Waterloo.



## Andy Best

Andy Best is the Vice President of The Letter M, a brand and strategy agency based in Guelph. Andy brings to the board experience from the public, private, not-for-profit and international sectors, as well as a strong focus on community building and the importance of personal and professional mental health. Andy is a dad to two and husband to one.



# Lynda Davenport

Lynda Davenport has been a Registered Nurse for 44 years. She has recently retired from the University of Guelph where she was the Director of Student Health Services for over 15 years. Lynda's career in healthcare has included working in hospitals, psychiatry, long term care, retirement home industry, community nursing, teaching diploma Nursing students, occupational health and a partnership in a health and wellness education company.

Over the years Lynda has been a Board Member and volunteer for a number of health care, post secondary and local community organizations some of which include: Wellington-Dufferin-Guelph Public Health (Board Chair), WWLHIN, Conestoga College (Board Chair), Association of

Colleges of Applied Arts and Technology of Ontario (Board Chair), Registered Nurses Association of Ontario, Waterloo District Health Council (Board Chair), CADS, Friends of the Guelph Public Library, Guelph and Wellington Vital Signs Advisory Committee and Guelph Physician Recruitment and Retention Committee. Lynda has a lifelong commitment to health and wellbeing for individuals and for the community.



# Anthony DiCaita

Anthony DiCaita currently serves as President and CEO of Villa Charities Inc. He is a proven leader with extensive senior level experience in the Healthcare sector. Prior to joining Villa Charities, Anthony held executive positions as Executive Vice President, CFO & CPO for Humber River Hospital, and Vice President and Chief Financial Officer at Chatham-Kent Health Alliance. He also served as Project Director for Comprehensive Care International, in Cairo, Egypt.

He is an accomplished, passionate leader who brings an innovative, customer-focused, results-oriented approach for setting vision and strategy. With a unique combination of experiences, Anthony excels at

building and directing cross-functional teams, to deliver exceptional service and outcomes.

He holds a CPA designation, as well as an MBA, MPA and BBA from York University.



# Donnamarie Dunk

Donnamarie Dunk is a long time resident of the Waterloo and Wellington communities. She has a strong business acumen specializing in the not-for-profit sector. She has held numerous leadership positions with hospitals, community care, mental health and addiction, developmental services and the Waterloo Wellington Local Health Integration Network (WWLHIN).

Donnamarie became a member of the CMHAWW's Board of Directors in 2014 and has served as Chair of the Performance, Quality, Risk and Ethics Committee. She is a transformational leader that passionately advocates for social justice, diversity, inclusion and belonging. She is committed to ending the stigma and creating accessible person-directed services that support full citizenship for all.



# Kathy Markowiak

Kathy Markowiak is a senior Human Resources executive with 20 years of experience in all aspects of HR and more than 25 years in leadership positions. Kathy has expertise in strategic planning, facilitation, leadership development, coaching, performance management, succession planning, career management and employee engagement as well as managing change, building and shaping culture and communications. After a long career with Sun Life Financial, most recently as

Assistant Vice-President, Human Resources Business Partner, she is focused on opportunities where she can share her skills and knowledge.

She currently volunteers with Dancing with disAbility, Canada's first dance program tailored to meet both the physical and cognitive challenges of those living with MS, cerebral palsy, Parkinson's, stroke, and other movement disorders. Kathy is a Fellow, Life Management Institute, a life insurance designation, and has a Business Administration diploma from Seneca College.



# Jacqueline Marshall

Jacqueline Marshall is a Social worker who currently works within the violence against women sector supporting women through the family court system.

She holds a Bachelor of Social Work degree from the University of Waterloo and a Criminology Degree from the University of Toronto and the University of Liverpool. She spent 16 years in the Fraud & Security field prior to moving into Social Work. She will begin a Master's Degree in Social Work in the fall.



# Julie Nicholls

Julie has worked the majority of her career in healthcare management. She has an MBA in health service management, a diploma in mental health law, a certificate in healthcare risk management and a lean six-sigma black belt designation. Julie has worked for Health Quality Ontario for the last 5 years, focusing on Quality Improvement Plans provincially and working with the South West, Waterloo Wellington and HNHB LHINs as a regional HQO connection.

Prior to working at HQO, she implemented several initiatives such as creating a mental health regional crisis response team with the regional police and an initiative to improve dementia care in 35 long term care homes. She spent 10 years as the Director of Risk Management, Patient Safety and Patient Relations at Grand River Hospital.



# Dian Shannon

Dian has been involved in community service for over 30 years, including service as a Board member for the Alzheimer Society of Cambridge, the Food Bank of Waterloo Region, and Core Literacy. As well, Dian has been a volunteer with the Business-Education Partnership Speakers' Bureau and is a past member of the Editorial Advisory Committee and contributing author for Ontario Long Term Care Association magazine (LTC Magazine).

Dian's work experience includes 25 years working with elders and their families in long term care. Prior to working with elders, Dian was a Certified Addictions

Counsellor for Alcontrol Homes (Waterloo). Dian has also been involved with Canadian Healthcare Association as an Educational Consultant in their Senior Management Program. Dian has a passion for advocacy and ensuring access to services for those affected by mental illness, especially elders and youth. As well, Dian enjoys serving as an educator, developing teams and relationship-building processes, and is taking courses at the University of Waterloo to complete a long-neglected Bachelor of Arts (Psychology) degree.