



Walk-In Service Information Sheet

■ What is walk-in?

Families wishing to access Children's Mental Health Services for their children and youth aged 6-18 years will meet with a clinician and explore the need for services.

■ What happens at walk-in?

When families arrive at the office, they will be asked to complete forms to provide information regarding the presenting concerns.

The clinician reviews the information provided.

The clinician meets with child/youth and caregiver(s) to assess treatment needs.

If Children's Mental Health Services are needed, the child/youth and/or family will be placed on a wait list for services.

If Children's Mental Health Services are not needed, a resource information sheet regarding community resources will be provided. Referrals to other services may also be discussed.

■ What should I bring to walk-in?

Please bring your child/youth with you to the walk-in. It is important to have everyone provide information in the session.

If available, please bring any previous assessments and/or custody agreements with you.

■ What walk-in is not:

- A crisis service
- Immediate access to psychological, psychiatric, or residential treatment



**Canadian Mental
Health Association**
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