



Do You Need Assistance with Employment?
Do You Have Barriers to Employment, or a Disability?

Contact us to arrange an appointment



Tel: 519-749-3700 ext. 4087
Toll Free: 1-866-387-6660 ext. 4087
Fax: 519-883-7870
TTY: 1-866-387-6661

We can help!

This free Employment Ontario service is available for:

- People who self-identify as having a disability
- 16 years of age and older with previous connection to the work-force
- Live in Cambridge, Guelph, Kitchener, Waterloo or surrounding area

Information & Brochures available at

3-9 Wellington St., Cambridge, ON N1R 3Y4
147 Wyndham St. N., Guelph, ON N1H 4E9
67 King St. E., Kitchener, ON N2G 2K4
1 Blue Springs Dr., Waterloo, ON N2J 4M1



Employment Ontario programs are funded in part by the Government of Canada

Bridging Employment Supports (BES) complies with Ontario's personal and personal health information privacy standards. The BES program, as part of CMHA WW, a health service provider, delivers the Ontario Employment Assistance Services under an agreement with the Ministry of Labour, Training, and Skills Development (MLTSD). The Ministry collects your personal and personal health information in accordance with the Freedom of Information and Protection of Privacy Act, (FIPPA) as well as the Personal Health Information and Protection Act (PHIPA).

For more information about your personal information, contact your BES Employment Coordinator, who will answer your questions in consultation with the Privacy Officer and if necessary contact the MLTSD Privacy Officer.



We specialize in helping people with disabilities plan and prepare for employment

Bridging Employment Supports

Individual Career Assessment & Planning

Changing careers can be overwhelming.

- ▶ If you're not sure what kind of job or career you want, and you need some direction, we can help you create a personalized employment action plan.
- ▶ We can connect you with job search, training or other supports you need to reach your goals.



Testimonials

- ▶ “Best employment services I have ever received...I recommend them every chance I get”
- ▶ “Wonderful service.... The staff is kind, helpful and professional”
- ▶ “Excellent services; I got a lot of assistance and feel very good about my path ahead”
- ▶ “I have so much confidence approaching employers now”

How We Help You Meet Your Goals

- ▶ Explore career and training opportunities that better suit your skills, interests, values, personality, and health needs
- ▶ Understand job opportunities in your local area so you can make sound decisions about future work
- ▶ Once you have identified a job goal, our Links To Work job search supports can help you find and keep the job

Job Search Referral & Service Coordination

Sometimes people know what work they want but need some help finding the right opportunity

- ▶ We can refer you to our Links To Work job search supports to help make your search targeted, efficient and successful
- ▶ We can help you connect with other services you may need to help you focus on your employment goals

