

INCLUSIVE



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RECREATION DIRECTORY

2017-2018

Available online at

<https://cmhaww.ca/programs-services/developmental-services/family-support-options/skic/>

Using the Inclusive Recreation Directory

Dear Families,

Thank you for using our Inclusive Recreation Directory provided by **Supporting Kids in Camp**. In these pages, you will find more than 65 programs that are available to families in Guelph-Wellington. All information in this directory has been provided by the programs themselves, or obtained from websites. Updates are completed on a yearly basis. Please note that Supporting Kids in Camp cannot guarantee that any of these programs will be the right fit for your child and family – these are just some of the options out there.

Each listing has the following codes assigned to help you determine the best fit for your child.

Camp CODES:

R – Residential program, either a camp or some form of respite.

D – Day camp program.

YR – Year-round (often after school) or seasonal program.

S – Specialized program (i.e. for children with special needs or a specified diagnosis)

I – Integrated program. Programs welcome children with and without special needs.

W – Wheelchair accessible program/camp

F – Financial assistance is available

M – Medical staff on site

VS – Volunteer one-to-one support usually on an “as available” basis.

PS – Paid one-to-one support available on an “as available” basis.

SKIC – Camp currently working with the Supporting Kids in Camp Program.

NP – Non-profit program/camp

If you would like additional information about any of the programs included in this guide, please contact the program directly.

What is Supporting Kids in Camp?

Supporting Kids in Camp is a community collaboration involving service agencies, recreation programs and family members. In addition to providing one-to-one support for children attending camp programs in Wellington County, Supporting Kids in Camp also works to increase the community's capacity to include all children in their programs. This is done by providing a number of workshops on inclusion, providing programs with resources on their specific needs and providing a forum for programs to share their best practices. Each year, new programs join in as a partner camp who has a child attend with a Support Counsellor or by attending an event hosted by Supporting Kids in Camp.

Current members of the Supporting Kids in Camp Steering Committee include:

KidsAbility Centre for Child Development

Kerry's Place Autism Services Autism Ontario

Sunrise Therapeutic Riding and Learning Centre

City of Guelph

Rainbow Day Camp

Family and community representatives

Bulldog Interactive Fitness

YMCA/YWCA of Guelph

Canadian Mental Health Association Waterloo Wellington

If you or your organization is interested in being part of the Supporting Kids in Camp Steering Committee or if you would like to provide feedback on any part of the program or this directory, please contact the Program Coordinator at (519) 821 8089 ext. 7033 or by email at tfagan@cmhaww.ca



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Questions to ask when choosing a camp or recreation program

I'm looking for a...

- Residential Camp
- Day Camp Full Day Half Day
- Specialized Camp (designed for children with special needs)
- Inclusive Camp (designed for children with and without special needs)
- General Camp (a variety of activities)
- Specialty Camp (sports, visual arts, drama, dance etc)

Questions you may want to ask...

	What are your program ratios?
	How many children do you allow in each session?
	What is the average age of your staff?
	Is your site accessible?
	Do you have an inclusion policy?
	Do you have a camper code of conduct?
	Is your program accredited by any organization?
	Are all your staff CPR and First Aid trained?
	How much time do you spend outdoors?
	What do you do if the weather's bad?
	How do you handle camper information?
	Can I arrange a time to see the camp site?
	What supports does your program offer?
	Do you offer funding?
	What training and support do you provide to your staff?
	Do you have guidelines for private workers?
	Do I receive a discount with a private worker?
	Are there families I can talk to about your camp?

Guelph Wellington Program Listings

Camp Belwood (YMCA)

Belwood offers an overnight camp as well as a day camp for boys and girls 5-12 years of age. Belwood's program, like its site, is unique. As part of a small and welcoming camping community, Belwood campers experience a more personalized program; with two age groups (Juniors and Seniors) they have two very distinct programs which run independently from one another. These separate programs provide a comfortable introduction into overnight camping to our younger campers, while recognizing the need for a more challenging program for older campers, experienced or not. All Belwood campers have meals together, and they also gather throughout the week for camp-wide programs. We offer bussing from Cambridge, Kitchener, Waterloo, and Guelph.

WHERE: Belwood Lake (outside of Fergus)

WHEN: July 4, 2016 to August 26, 2016 **FEES:** RESIDENTIAL \$580/week (+ HST), DAY CAMP \$220 (+ HST)

ELIGIBILITY: Ages 5 to 8 (Junior Program), Ages 9 to 13 (Senior Program)

CONTACT: (519) 699 5100 sfeth@ckwymca.ca campbelwood@ckwymca.ca or
<http://www.ymcacambidgekw.ca/en/camp-outdoor-centre/belwood/index.asp>

CODES R-I-NP



Belwood Lodge and Camp

Residential camp for individuals with developmental challenges ranging in age from 7 years old to seniors. One, two and three week sessions available. Focus is on providing a positive holiday experience that provide a chance to enhance life skills and friendship building, including day trips and teaching new skills in a safe environment. 4:1 ratio and 3:1 ratio sessions available.

WHERE: Belwood, Ontario

WHEN: July 2, 2017- September 1, 2017

FEES: one, two and three week camps available, contact for fees

ELIGIBILITY: Ages 7 and up with special needs

CONTACT: James Lortie, Executive Director 519-843-1211 info@belwoodlodgeandcamp.com
or www.belwoodlodgeandcamp.com

CODES: D – S – W – M – NP

Brant Avenue Neighbourhood Group

The Brant Avenue Neighbourhood Group is an organization of community members that is committed to providing support and service for all members of the Brant Ave Neighbourhood, strengthening individuals and families, and ensuring healthy growth and development for every child through a variety of programs. After school programs, evening youth and teen programs and summer programs; call for availability. The group also provides a variety of services and supports to families.

WHERE: The Friendship Place, 35 Algonquin Dr, Guelph. Camp: Brant Ave Public School, 64 Brant Ave Guelph

HOURS Camp: Monday-Friday half day programs available either morning or afternoon

WHEN: Year round. Camps July 4-August 26, 2016

FEES: Vary by program

ELIGIBILITY: Must live in neighbourhood (see boundary map)

CONTACT: [519-821-9243](tel:519-821-9243) brant.ave.ng@gmail.com WWW.BRANTAVE.ORG

CODES: D – YR – I – NP

INCLUSIVE RECREATION DIRECTORY CAMP CODES

R -Residential Camp Program	D -Day Camp Program	YR -Year Round or Seasonal Program
F -Funding Available	I -Integrated	S -Specialized
W -Wheelchair Accessible	M -Medical Staff on Site	PS -Paid Support
VS -Volunteer Support		
SKIC -Current Supporting Kids in Camp Partner	NP – Non-Profit program/camp	

Camp Brebeuf

Situated on 100 acres with high ropes, low ropes, canoeing, and archery equipment, campers enjoy campfires and other camping related activities. Camp provides day and residential programs with six paid inclusion workers that are available per session. Outdoor education programs for schools and parish groups are available in fall, winter and spring. .

WHERE: Rockwood

HOURS: Contact for Information

WHEN: July and August

FEES: http://cyo.on.ca/brebeuf/?page_id=120

ELIGIBILITY: Grades 2 to 12

CONTACT: Katie Moncrieffe, Registrar 519-856-4671

katie@campbrebeuf.ca or www.campbrebeuf.ca

CODES: D – R – I – F – PS – M – NP



Bulldog Interactive Fitness for Youth

A fun environment where children participate in fitness and sports program with a focus on personal goals and development. Bulldog offers fitness and sports programs, day and weekly camps including school break programs, and specialty programs for children/teens and adults with special needs.

WHERE: 259 Grange Road, Guelph

HOURS: Camps 8:00am-5:00pm Regular hours for members and guests Mon-Thurs 6:00-8:30pm., Fridays 6:00-7:00pm, Sat. 10am-4:00pm., Sun. 1:00-5:00pm.

WHEN: See above and contact for program information

FEES: Vary with programs and memberships

ELIGIBILITY: Contact for information.

CONTACT: Bobbi Hayes 519-836-3838

Guelph @ bulldoginteractivefitness.com

http://www.bulldoginteractivefitness.com/locations/view_location.php?lid=9

CODES: D – YR – I – SKIC



Bushido Martial Arts

Bushido Martial Arts is a family friendly dojo with classes for children, teens and adults. We currently have participating students aged four to seventy-four. Family discounts are available.

Our Karate (way of the empty hand) is taught in the traditional Okinawan manner. Primary emphasis is placed upon respect for others, self respect and conflict avoidance.

WHERE: Centre Wellington Sportsplex and Grand River Dance Academy, Fergus

HOURS: Vary based on age. Contact for information. Camp programs available.

WHEN: Mondays, Tuesdays and Wednesdays based on program.

FEES: Contact for information. Family and sibling discounts available.

ELIGIBILITY: Ages 3 and up.

CONTACT: Sharon LeGrow 519 843 4087

Senseisharonma @ gmail.com or www.bushidoma.ca

CODES: YR – I

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Ball Hockey Centre Wellington

Ball hockey provided an opportunity for children to get out and get active in a team environment. CW Ball Hockey offers outdoor integrated ball hockey programs for participants of all abilities!

WHERE: 7450 Wellington County Road 18, Elora ON

WHEN: April to September

FEES: \$132.74 plus HST per player

ELIGIBILITY: age 4 to 18 for only.

CONTACT: Jackie @ cwballhockeyh.com or visit www.cwballhockey.com

CODES: YR-I

Ball Hockey Guelph

Ball hockey provided an opportunity for children to get out and get active in a team environment. Royal City Ball Hockey offers indoor integrated ball hockey programs for participants of all abilities - all year 'round!

WHERE: 133 Woodlawn Rd, Guelph, Ontario

WHEN: year round

FEES: Contact for fees

ELIGIBILITY: ages 4 and up

CONTACT: Jackie @ ballhockeyguelph.com or visit www.ballhockeyguelph.com

CODES: YR-I

Care Bears Cheerleading

This is a team for all exceptionalities is proud to provide All Star and Performance Cheer Teams, Tumbling & Dance Classes, Private Lessons, Specialty programs and Choreography to athletes ranging from 3 year olds and up. We have preschool drop ins and all classes for our little bear cubs too! What this means for your family is that YOU GET IT ALL HERE! We've put together the best of the best in a program that leaves our athletes sweating, smiling and learning...all while having the times of their lives.

WHERE: 820 Gartshore Blvd, Fergus ON

ELIGIBILITY: 3+

FEES: Please contact

CONTACT: www.cheeronbears.ca or cyndisbears@gmail.com

CODES: YR-I-D- S

Centre Wellington Community Sportsplex

This series of one-week camps for Ages 5-10 years olds are designed around various themes each week. Activities include outdoor fun, arts & crafts, active games, swimming and tennis lessons. The staff ratio is 1:8. You must register in person at the CW Community Sportsplex for the day camps. Tennis Lessons are now included. March break program also available.

WHERE: 550 Belsyde Ave. Fergus

HOURS: 9:00 a.m. to 4:00 p.m.

WHEN: Summer program runs July and August.

FEES: \$ 169.40/week

ELIGIBILITY: Ages 5 to 10

CONTACT: Customer Service Community Services 519.846.9691 x 903

parks@centrewellington.ca <http://ca.apm.activecommunities.com/centrewellington>

CODES: D-I-NP-SKIC



INCLUSIVE RECREATION DIRECTORY CAMP CODES

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Christian Horizons

Christian Horizons believes that everyone needs time for fun and relaxation – time to break away from daily routines and get refreshed physically, mentally and spiritually. They provide experience-rich, fulfilling vacations through their Supported Vacation programs. They offer custom-designed and pre-packaged vacations and retreats that offer new friendships, outdoor adventures and learning opportunities. Supported excursions include local leisure activities, such as a cottage get-a-way in Ontario, as well as exciting trips to far-away places such as the Caribbean and Disney. Browse their brochure online for details and application.

WHERE: Varies

HOURS: N/A

WHEN: Contact for information

FEES: Contact for information

ELIGIBILITY: Contact for Information

CONTACT: Manager of Vacation Services 1-866-362-6810 ext 3304

chvacations@christian-horizons.org <http://vacations.christian-horizons.org/>

CODES: YR – S – W – M – PS – F – NP

CMA Music Academy

CMA is dedicated to inspiring musical creativity in children through instruction in a fun environment. A variety of programs are available for all ages and skill levels, and include private and group lessons, Pop Star and Rock Star Parties and a Rock and Roll Summer camp.

WHERE: 330 Laird Rd., Guelph

HOURS: Contact for Information. Camp runs 9:00 a.m. to 3:30 p.m.

WHEN: Contact for Information. Summer program runs for the month of July

FEES: Contact for Information regarding lessons. \$200/full week, \$55/day for summer camp program.

ELIGIBILITY: Camp program for children 5 to 12. Contact for information about lessons.

CONTACT: 519-826-9788

<http://www.cmamusic.ca/index.php> or nicole @ cmamusic.ca

CODES: D – YR – I – SKIC



Conestoga Bible Camp

Christian camp located in Moorefield, featuring waterfront activities, climbing walls, a swimming pool and great activities. Each two-week session serves children from different regions surrounding the camp. Children may attend only one session per summer. Registration begins in mid-February and fills quickly.

Transportation is provided from bus stops in designated areas.

WHERE: 6791 Leslie Lane, RR#3, Moorefield

HOURS: Bus pick-ups between 9:00 and 9:45 a.m. based on session, returns between 4:40 and 5:30 p.m.

WHEN: July 3-September 1, 2017. *Each week is designated for a specified catchment area. See website for details

FEES: Contact for fees.

ELIGIBILITY: Grades 1 to 8 for day program, ages 14 to 17 for overnight teen program

CONTACT: Terry Ruegg 519-638-2440 [conestogabc72 @ gmail.com](mailto:conestogabc72@gmail.com) or www.conestogabiblecamp.org

CODES: D – R – I – NP – SKIC



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City of Guelph

The City offers a wide range of integrated and inclusive activities in the areas of sport, aquatics, fitness and other recreation pursuits throughout the year. These include PD Day Camp (West End Community Centre, ages 4 to 12), March Break Camps- aged 4-12

Summer day camp programs include:

- ☑ Kiddie Camp – A full week program for children aged 4 – 5
- ☑ Daily Discoveries – Crafts, swimming, sports and activities available by the day or the week ages 5-12
- ☑ Sherwood Forest Camp – The beauty and activities of an outdoor program right in town ages 7-12
- ☑ Arts Unlimited – a camp for the creative person- drama, dance, storytelling and daily creative art – Guelph Youth Music Center ages 4-10
- ☑ Sports n Fun Camp –New sports every morning and a weekly bus trip to swim at Lyons Outdoor pool. Lots of fun games, crafts and new sports too (ages 5 to 12) (Pick up/Drop off at West End Recreation Centre)
- ☑ Girls’ Week – A fun and informative camp for girls looking at nutrition, healthy lifestyles, and more ages 11-14
 - Swim Camp- Vic Road- ages 5-12. Swimming twice daily and swim lesson included
 - Craft Camp- Vic Road- ages 3-6.
- ☑ Youth on the Move- Inclusive camp teens and young adults with disabilities. participate in activities in the community, arts and crafts, swimming, meet new friends. 9am-4pm. ages 13-21
- ☑ Leadership Programs – Various leadership programs available throughout the summer ages 13 +

WHERE: Locations vary by camp and program. West End Recreation Centre, 21 Imperial Rd, Guelph. Sherwood Forest, Guelph. Guelph Youth Music Centre, 74 Cardigan Street Guelph.

HOURS: Programs typically run 9:00 a.m. to 4:00 p.m. and extended hours may be available 8:00 a.m. to 5:00 p.m.

WHEN: See Guelph Community Guide or website for information on program dates. **FEES:** Vary by camp and program – see Guelph Community Guide or website for information.

ELIGIBILITY: Age ranges vary by camp and program – see Guelph Community Guide or website

CONTACT: 519-837-5699 www.guelph.ca/recreation or www.guelph.ca/camp

Registration opens March 1 at 7:30 am

CODES: D – YR – I – W – PS – VS – F – SKIC

Creative Encounters with Science

Creative Encounters is a non-profit organization that delivers Science, Technology, Engineering, and Math (S.T.E.M.) based programs to youth in the Guelph community. We offer summer day camps, in-school workshops and science clubs. Our aim is to make science interesting, fun, and accessible to all! Participants engage in hands-on activities that teach curriculum based topics in an interactive way. Topics range from game design and robotics, to the environment and human health.

WHERE: Rm 1519 Richards Bldg, School of Engineering, University of Guelph

WHEN: Camps run July-August from 9am-4pm, School workshops run May-June, Clubs run once per month September-June

FEES: \$65 for workshops, \$100 for clubs, and \$200 -\$250/week for camp

ELIGIBILITY: Grades 2-9 (based on program)

CONTACT: 519-824-4120 ext.53045

cse @uoguelph.ca or www.creativeencounters.info

CODES: D – YR – I – W – F – SKIC

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Elora Karate Dojo

is a traditional school of goju karate, helping students to develop strength, focus and self confidence in a safe and friendly environment. Karate is a martial art based on principles of self-improvement and personal growth, so students are encouraged to progress at their own pace and work towards achievable goals. Head Instructor, Sensei Barb Lambie, believes that everyone can benefit from the practice of karate and welcomes all ages and abilities into the program. Integrated and customized programming is available.

WHERE: Elora Centre for the Arts, 75 Melville Street Elora, ON

FEES: Please Contact

CONTACT: Contact Sensei Barb 519-669-0853 or

[SenseiBarb @ EloraKarateDojo.com](mailto:SenseiBarb@EloraKarateDojo.com) or www.EloraKarateDojo.com

CODES: YR-I-D

Fighting Griffin Family Karate

The purpose of karate is to develop and build the indomitable human spirit. Their mission is to enhance the self-esteem in every student, while teaching important self-defence skills. In achieving their mission, Fighting Griffin Family Karate (FGFK) offers a wide variety of programs designed to suit the needs of all karate students. Programs include child (ages 4+), teen and adult daytime and evening classes. Sensei Mike teaches all classes in a positive environment stressing personal growth and respect.

WHERE: 511 Edinbrough Rd. S., Guelph

HOURS: Vary by program. Contact for information.

WHEN: Vary by program. Contact for information.

FEES: Contact for information.

ELIGIBILITY: Contact for information.

CONTACT: 519-265-4504 [OfficeNinja @ GuelphFamilyKarate.com](mailto:OfficeNinja@GuelphFamilyKarate.com) or www.guelphfamilykarate.com

CODES: D – YR – I



Fergus Elora Academy of Dance

The Fergus-Elora Academy of Dance has been providing students of all ages and abilities with the opportunity to explore the fine art of dance for over a decade. With over 20 years of teaching experience within the field of Dance Education & Special Education, Mrs. Finlayson-Marak (Owner & Artistic Director of the Fergus-Elora Academy of Dance) believes that the joy of dancing should be shared with and made accessible to every individual, regardless of their age or ability.

We warmly welcome and encourage students of all ages and abilities to give dance a try. Dance is a wonderful art form and past time that encourages and develops muscle movement and tone, mobility, spatial awareness as well as it having many excellent social benefits. Our specialized programs can be tailored to meet the individual needs of all of our students and are suitable for both boys and girls. We also offer integrated class options within our regular programs.

WHERE: Elora Centre for the Arts, 75 Melville Street Elora, Ontario

FEES: Please Contact

ELIGIBILITY: Preschool and Up

CONTACT: 519-846-6666 or [info @ferguseloradance.com](mailto:info@ferguseloradance.com)

CODES: YR-D-S-I

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Great Lakes Music Together

A music class designed specifically for families who have one or more children with special needs. The welcoming, fun, community-based, unpressurised experience for the whole family which we have come to expect in Music Together classes continues. Supportive family classes are small and some modification of the songs takes place, in response to the children and families present, so ensuring a successful access point to the music, for everyone. During class we sing, move, play with instruments and more whilst supporting music development and all learning. The Supportive Family Music Together class is taught by Laura Harp, a qualified Music Together teacher and speech -language pathologist.

WHERE: Guelph Youth Music Centre, 75 Cardigan Street Guelph

FEES: Mixed age and Generations class costs \$165 for your first child and \$110 for accompanying siblings over 8 months old. Big Kids classes are \$175 for your first child and \$120 for siblings. There is a one-time only registration fee of \$10 for new families.

ELIGIBILITY: Infant – 9 years old

CONTACT: Visit www.greatlakesmusictogogether.com and follow the link to Register or phone 519-342-4764

CODES: YR-I-

Guelph Giants Hockey Club

The Guelph Giants Hockey Club is a team comprised of athletes with intellectual disabilities. The Giants are presently in their EIGHTH season and have about 50 players registered this year. Giants' players are given the opportunity to play and be a part of a hockey team regardless of disability, gender, or ability to skate. This charity endeavours to give a sense of community involvement to persons who in the past were only been able to watch hockey from the sidelines. The Principles of the program are to have fun, provide an accessible and inclusive hockey experience, and develop individual and team hockey skills. The experience gives the players a chance to form close and important friendships with their peers and permits them to develop sportsmanship that would not have otherwise been possible. Skating improves gross motor development in a fun way where the players are able to develop at their own rate with the help of a very dedicated group of volunteer coaches who emphasize fun while learning.

WHERE: West End Community Centre, Guelph

HOURS: Primarily 9:00 a.m. to 11:00 a.m. Saturday Mornings

WHEN: October to April for at least one hour per week

FEES: \$200 per season. Equipment is provided UPON REQUEST.

ELIGIBILITY: Ages 5 and up

CONTACT: (519) 240-1394 OR

guelphgiants hockey@gmail.com www.guelphgiants hockey.ca

CODES: YR - S - F - VS - NP

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Girl Guides

Girl Guides of Canada-Guides du Canada is a movement of girls and women that challenges members in their personal development and empowers them to be responsible citizens.

WHERE: Contact for Information

WHEN: September to June

FEES: Contact for Information

ELIGIBILITY: Ages 5 and up

CONTACT: To find your local unit, call 1-800-565-8111

https://register.girlguides.ca/web/OnlineReg/Unit_Search/OnlineReg/UnitSearch.aspx

CODES: YR – NP – I

Grange Hill East Neighbourhood Group

Since 2004, the Grange Hill East Neighbourhood Group has worked towards building a healthy and safe community where everyone feels at home. We work collectively to address the concerns of residents and empower people to be a part of decision-making that affects our neighbourhood. We host events and offer a number of programs and services for people in the neighbourhood including children, youth, caregivers, individuals and families. Programs & services include but are not limited to: afterschool programs, girls & boys (8-13 and 14-18 yrs) programs, youth dances, community kitchen, food cupboard, March Break and summer camps, pre-school playgroups, social outreach and various family & community events.

WHERE: Community Room at the Ken Danby Public School, 525 Grange Road, Guelph, ON N1E 7C4 with office hours and programs at 394, 470 & 467 Auden Road.

HOURS: Please refer to website or call for up-to-date office hours and full program listing.

WHEN: Year round.

FEES: FREE – Fees may apply for specific programs with subsidies available.

ELIGIBILITY: The Grange Hill East Neighbourhood is the area defined by the boundaries of Victoria Road, Eramosa Road (north), City limits (east) and to the railway tracks north of Elizabeth Street (south).

CONTACT: [519-836-9427](tel:519-836-9427)

info@gheng.ca www.gheng.ca.

CODES: D – YR – NP – I



INCLUSIVE RECREATION DIRECTORY CAMP CODES

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Gryphon Activity Camp

Their purpose is to support the mission of the Department of Athletics and to improve the quality of life of all campers by providing opportunities for growth, leadership and total human development through physical activity and creative endeavours. They believe children are our future and strive to provide the best possible environment for them to develop, mature and grow with guidance. Camp programs offered include: **General Activity**, **French Language**, **Sport Specific**, **Leadership/Volunteer**, **Boys Specific**, **Girls Specific**, **Youth Fitness** and **Dance**

WHERE: University of Guelph, specific location based on program.

HOURS: 8:00 a.m. to 5:00 p.m. may vary by program.

WHEN: Summer Camps – July to August, P.D. Day Camps, Winter Activity Camp.

FEES: Vary by camp selection.

ELIGIBILITY: Ages 4 to 18, based on program.

CONTACT: Justin Toth, Camps Coordinator, Department of Athletics, University of Guelph
519-824-4120 ext. 56131 camps@uoguelph.ca or <http://gryphons.ca> (under camps)

CODES: D – I – SKIC



Guelph Humane Society

Junior Humane Animal Club - A group who devotes their time to helping animals at the shelter! Spend your evenings learning about different animal issues before socializing and cuddling Humane Society critters.

March Break Critter Camp - One day camps for different age groups offer a focus on a specific animal theme. Spend the day learning about animals through games, art and hands-on animal handling. See the Humane Society in action!

P.A. Day Programs – Not sure what to do on a P.A. Day? Why not send your child to camp at the Guelph Humane Society? Each program will feature a tour of the shelter, games, crafts and animal interactions!

Summer Critter Camp - Week long camps for different age groups focus on themes encouraging kids to live a more humane life. Each morning revolves around activities and crafts before we spend the afternoon socializing and walking animals. Campers will go on a field trip, listen to guest speakers and get a chance to hang out with cats, dogs, rabbits and all the other unusual creatures that come through our doors!

****Programs fill quickly****

WHERE: Guelph Humane Society, 500 Wellington St. W., Guelph, ON.

HOURS: 5:00 p.m. to 6:30 p.m. for Junior Humane Club ages 6-8, 7:00p.m. to 8:30p.m. for Junior Humane Club ages 9-12, 9:00 a.m. to 4:00 p.m. with available extended care for Critter Club camps.

WHEN: 8 week sessions for Animal Club (Fall, Winter, And Spring), March Break and July and August

FEES: \$50 -\$250

ELIGIBILITY: 6-12 years. Any children with specific needs or exceptionalities should contact the Education Coordinator in order to determine accommodations for the child. Not recommended for children with severe animal allergies.

CONTACT: Sarah Pawelko, Humane Education Coordinator [519-824-3091](tel:519-824-3091)
spawelko@guelphhumane.ca

CODES: D – YR – I – W – SKIC – NP



INCLUSIVE RECREATION DIRECTORY CAMP CODES

R -Residential Camp Program	D -Day Camp Program	YR -Year Round or Seasonal Program
F -Funding Available	I -Integrated	S -Specialized
W -Wheelchair Accessible	M -Medical Staff on Site	PS -Paid Support
SKIC -Current Supporting Kids in Camp Partner	NP – Non-Profit program/camp	VS -Volunteer Support

Guelph Lake Nature Centre

Environmental day camps are designed to introduce children to the wonders of nature while they enjoy fun, hands-on activities in the great outdoors. Weekend and family programs are also available.

WHERE: Guelph Lake Nature Centre (Conservation Road, just outside of Guelph) Rockwood Conservation Area, Belwood Lake Conservation Area

HOURS: 8:00 to 5:00 for camp, contact for information regarding additional programs.

WHEN: July and August for camps

FEES: Vary by camp and program choice. Approximate range is \$185 to \$360 per week.

ELIGIBILITY: Ages 6 to 16 based on camp.

CONTACT: 519-836-7860 or guelphlakenc@grandriver.ca

<http://www.grandriver.ca/index/document.cfm?Sec=3&Sub1=23&sub2=0>

CODES: D – YR – I – SKIC



Guelph Marlins Aquatics Club

Swim program that focuses on technical acquisition, personal responsibility, building self-confidence, fitness and fun from the pursuit of goals. Private lessons are available to anyone with or without a disability and the club tries to integrate swimmers with a disability into training groups to give them the full team experience. Athletes are challenged regardless of their abilities to become the best they can be. Look into where swimming can take you!

WHERE: Contact for Information

WHEN: Year Round (10 week sessions)

FEES: Vary by program level

ELIGIBILITY: Ages 4 and up

CONTACT: 519-836-3820 or www.guelphmarlins.ca

CODES: YR – I – PS

Guelph School of Art

The Guelph School of Art has classes year round with day camps during Winter Break, March Break and the summer months. We offer classes suited to both the beginner and seasoned artist in a range of media and specialties. Whether your passion is painting, drawing or another medium you are bound to find a class to suit your tastes. Staff have received formal inclusion training and the school strives to be a friendly place for everyone! However, the studio is located on the 3rd floor of the building with access via stairs only

WHERE: Wyndham Art Supplies, 3rd floor, 125 Wyndham St. N, Guelph

HOURS: Contact for Information

WHEN: Youth Classes on Saturdays, Winter Break Program, March Break Program, PD Day and

Summer Camp Program **FEES:** Vary by course. Brochure can be found on the website or in store. Courses starting from approximately \$165 + HST, full week camps \$230 + HST, PA Days \$50 + HST **ELIGIBILITY:** Ages 5 and up

CONTACT: Laura Paghal, Director 519-767-1317 gsa@wyndhamARTsupplies.com or <http://www.gsaguelph.com/>

CODES: D – YR – I – SKIC – F (limited number of grants may be available)



INCLUSIVE RECREATION DIRECTORY CAMP CODES

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D-Day Camp Program

YR-Year Round or Seasonal Program

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S-Specialized

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M-Medical Staff on Site

PS-Paid Support

VS-Volunteer Support

SKIC-Current Supporting Kids in Camp Partner **NP** – Non-Profit program/camp

Guelph Soccer Adapted Play Program

Guelph Soccer Adapted Soccer Play Program offers an introduction to soccer for children with special needs. The program is led by our Technical Staff and many assistants. Each week the coaches help develop the basics of soccer and also create a fun environment.

WHERE: Guelph Community Sports Dome – 375 College Ave West

HOURS: From 6:00 p.m. to 7:00 p.m.

WHEN: 8 Week Program in Fall; 8 Week Program in Winter and 8 Week Program in Spring **FEES:** \$70 per session

ELIGIBILITY: Ages 4 to 16 with special needs

CONTACT: (519) 824-2199 customerservice @ guelphsoccer.ca Please check our website in case of any program changes or updates.

<http://www.guelphsoccer.ca/KidsAdapted.html>

CODES: YR – S – F – NP

Hidden Acres Mennonite Camp

Offers week-long co-ed residential summer camp & day camp programs for youth, including swimming, canoeing, archery, crafts, music, drama, environmental awareness, rock-climbing, camp-outs, sports and group games.

Hidden Acres is interested in the development of the whole person – physical, social, emotional and spiritual.

Children with special needs are included in the summer camp programs. (delete "for children"). Older campers (age 16) can participate in our two-week "Leaders In Training" program (LIT). The camp also hosts a Supported Young Adults Camp (SYAC) partial-week get-away for young adults (ages 15-30) who have special needs.

WHERE: 1921 Line 37, New Hamburg, ON, N3A 4B5 **WHEN:** July and August – sessions grouped by age

ELIGIBILITY: Day Camp - Ages 5-11, Children's Camp - Ages 6 to 15, LIT - Age 16, SYAC - Ages 15-30 **FEES:** Day Camp \$215, Children's Camp - \$390, Mini-Camp - \$280 (ages 6-9), LIT - \$485, SYAC - \$440. Early bird (April 15th).

CONTACT: 519-625-8602

info@hiddenacres.ca or www.hiddenacres.ca

CODES: R – I – F - NP

High Notes Choir

This program is designed to help children, youth and young adults with special needs “find their voice” and experience community, friendship and acceptance through song in a safe and nurturing environment. Led by trained music therapist, Katie Hampton, participants will come together to learn songs and perform for the public in one concert per session. No musical experience is necessary to participate. Program runs in the fall, winter and spring. See Guelph Youth Music Centre website for additional information.

WHERE: Guelph Youth Music Centre, 75 Cardigan St, Guelph

AGES: 5-18 years

FEES: \$75 per session

ELIGIBILITY: Special needs ages 5-18

CONTACT: Contact theGYMC office at 519-837-1119 or download and complete the registration form and deliver to the office or fax to 519-837-1121

CODES YR-S-NP-F

INCLUSIVE RECREATION DIRECTORY CAMP CODES

R-Residential Camp Program

D-Day Camp Program

YR-Year Round or Seasonal Program

F-Funding Available

I-Integrated

S-Specialized

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VS-Volunteer Support

SKIC-Current Supporting Kids in Camp Partner **NP** – Non-Profit program/camp

Camp Hermosa

Camp Hermosa is a Christian camp ministry of the Guelph, Middlesex-Lambton-Huron, and Owen Sound Associations of the Baptist Convention of Ontario and Quebec. For more than 75 years, Camp Hermosa has sought to extend the life of the local church in the middle of nature's beauty. Camp Hermosa is a place where campers of all ages can be enriched and invigorated by beautiful surroundings, daily worship and Bible study, sports, swimming, crafts, and the fellowship of dozens of new friends.

WHERE: 82931 Glendale Road, Goderich

WHEN: July and August depending on age and program

ELIGIBILITY: Grades 4 to 12. Family Camp and Young Adult weekends also available.

FEES: \$ 375/camp week. Contact for information around family programs.

CONTACT: info @ camphermosa.org www.camphermosa.org

CODES: R – NP

Kerry's Place Autism Services

Kerry's Place Autism Services offers exciting March break and Summer camp programs for children and youth. We also offer some social skills groups for teens and young adults. Additionally Kerry's Place provides resources and workshops for respite workers, caregivers and community members.

WHERE: 400 Elizabeth St. Unit L/M, Guelph

HOURS: Contact for Information

WHEN: March Break and 4 weeks in July and/or August

Social Groups and workshops vary so please contact for more information

ELIGIBILITY: Ages 6- up to their 18th birthday for camp. Age varies for other programs. Must have an Autism Spectrum Disorder.

FEES: Contact for Information.

CONTACT: 519-763 5812 x.21 www.kerrysplace.org

CODES: D – YR – S – NP – SKIC



KidsAbility Centre for Child Development

KidsAbility offers therapeutic programs for children and youth with developmental, physical or communication disabilities. Programs are facilitated by a team of specialists consisting of a recreation therapist, physiotherapist, occupational therapist, and/or a social worker. Therapy programs focus on the development of social skills, leadership, independence, recreation interests and other life skills.

WHERE: West End Community Centre, 21 Imperial Rd. W. Guelph

HOURS: Contact for Information or visit the website for the Program & Activity Guide published 3 times per year.

WHEN: Varies by Program. March Break, PD Day and Summer Programs, as well as Year Round Programs.

ELIGIBILITY: Varies depending on program

Check the Program & Activity Guide at

<http://kidsability.ca/programactivityguides>

Or call call 1.888.372.2259 ext. 6000

CONTACT: Recreation Therapist 1.888.372.2259 ext. 6235 hgranger@kidsability.ca

CODES: D – YR – S – F – W – VS – Recreational Supports – NP – SKIC



INCLUSIVE RECREATION DIRECTORY CAMP CODES

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Live & Learn Centre

Focuses on building community and fostering independence for adults with developmental disabilities. Our mission is to improve the quality of life of individuals with disabilities by advancing their development through enriched opportunities. Our motto is, "See The PERSON, Not The DisABILITY." Our programs provide unique learning experiences that facilitate growth in independence, self-esteem, life skills and peer-interaction. Live & Learn creates safe, fun and supportive environments, which allow our participants to explore and develop their abilities.

Live & Learn Centre offers the following programs:

EDUCATIONAL DAY PROGRAM

Live & Learn Day program runs from 8:30-3:30 Monday to Friday. Throughout the day we offer a variety of programs which includes; Foodies Lunch program, TimeBanking and Volunteer program, Community Outtrips, Fitness Guru's Get Fit Program, Art & Technology, Living On Your Own and a GiftABLE Entrepreneurial program.

COTTAGE GETAWAYS PROGRAM

Cottage Getaways is a weeklong summer program. The participants are active in a variety of outdoor activities such as campfires, swimming, canoeing, fishing, community out-trips, socializing with friends and competing in our annual Moose Cup Classic back yard games event. Participants will meal plan, grocery shop, cook daily meals, do their laundry and clean the cottage, practicing the skills they need to acquire to live independently.

GET CONNECTED! PROGRAMS

Evening Programs – Programs that encourage social interaction, life skills and leisure skills will be implemented throughout the year for a period of 12 weeks. These programs will be available during the week and on weekends. Programs include: Wednesday Night Karaoke, Friday Night Fun Fearless Females, Saturday Night Out, Get Fit Sundays and more...

Social Events – The centre offers an array of community events such as dances, BBQ's, movie and game nights. These events provide an avenue for participants to GET CONNECTED with new and old friends.

WHERE: Unit 5 - 86 Dawson Road, Guelph, Ontario

AGES: 14 years and older

CONTACT: Jason Dudgeon Executive Director at (519) 803-2698 or info@liveandlearncentre.ca or www.liveandlearncentre.ca

CODES: YR-S

MoveAbility Kids

MoveAbility Kids creates adaptive gymnastics, dance and fitness classes built around children's individual needs in inclusive and controlled environments within amazing facilities. Individual programming, small class ratios and qualified coaches help to empower children to engage in new movements goals while having fun and participating in regular scheduled classes. MoveAbility Kids also offer monthly MoveActivity Days for children of all abilities to participate in unique sports and Arts programs in the community, such as Rock climbing

WHERE: Gymnastics at Dynamo Gymnastics in Cambridge (Guelph location coming soon),
Dance and Fitness class at Bulldog Fitness 279 Grange Rd Guelph.

ELIGIBILITY: Children with special needs

CONTACT: Online at www.MoveAbilityKids.ca or 519-830-6212 or MoveAbilityGuelph@gmail.com
www.MoveAbilitykids.ca

CODES YR-S

INCLUSIVE RECREATION DIRECTORY CAMP CODES

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SKIC -Current Supporting Kids in Camp Partner	NP - Non-Profit program/camp		

Music for Children with Special Needs

A music-based program for children with special needs, focusing on creative expression, communication and social skills. For children aged 5 and up. Led by Katie Hampton, a trained music therapist. **WHEN:** Program runs in the fall, winter and spring. See Guelph Youth Music Centre website for additional information www.gymc.ca

WHERE: Guelph Youth Music Centre, 75 Cardigan Street, Guelph

AGES: 5 years and up

ELIGIBILITY: Children and Youth with special needs

FEES: \$110 per session, some financial assistance available

CONTACT: GYMC office at 519-837-1119 or download and complete the registration form and deliver to the office or fax to 519-837-1121

CODES YR-S-W

Camp Nokomis

Nokomis offers supervised swimming in a beautiful lake, plus lessons in the Red Cross Aqua-Quest program. Canoeing, water regattas, archery, fishing, creative games, arts & crafts, and initiative task. Campfires, cook-outs, nature walks, camp craft, orienteering, and Sunday Chapel. Skits, sing songs, cabin-group activities, and "Nokomis Live" performances. 2:1 staff ratio.

WHERE: Belwood Lake, ON

HOURS: N/A

WHEN: July and August

ELIGIBILITY: Ages 7 to 16. Both girls and boys weeks available.

FEES: \$995/1 week, \$1525/2 weeks, \$2500/month

CONTACT: Jay Haddad 416-436-5072.

jay@campnokomis.com or www.campnokomis.com

CODES: R – F – I

Shelldale Better Beginnings Better Futures

Shelldale Better Beginnings, Better Futures is a non-profit, charitable organization providing supports to enrich the quality of life for the Willow Road area of Guelph.

WHERE: 20 Shelldale Cres. Guelph

HOURS: Vary by Program and Age Group.

WHEN: Year Round programming for children, teens, parents and families. Camp and Leader-In-Training Programs during July and August, as well as Winter and March Breaks.

ELIGIBILITY: Must live in neighbourhood (see boundary map)

FEES: \$5.00/week per program

CONTACT: 519-824-8498

info@bbbfghuelph.ca or www.bbbfghuelph.ca

CODES: D – YR – I – W – F (fees are minimal) – NP – SKIC



INCLUSIVE RECREATION DIRECTORY CAMP CODES

R-Residential Camp Program

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S-Specialized

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Parkwood Gardens Neighbourhood Group

Parkwood Gardens Neighbourhood Group is a safe place of acceptance where there is something for everyone. "Non-judgmental and respectful of all, striving to bring everyone together", Parkwood Gardens Neighbourhood Group endeavours to develop a sense of community and enrich the health and well-being of families. The group runs a number of after school and pre-school programs, youth events, adult programs and a summer camp.

WHERE: West End Community Centre, 21 Imperial Rd. S., Guelph and Gateway Dr. P.S. and Taylor Evans P.S.

HOURS: Vary by Program.

WHEN: After-School Programs run Fall, Winter and Spring, Full and Half Day Camp Programs run July and August.

ELIGIBILITY: we prefer they live in the neighbourhood, but it is not necessary

FEES: Contact for Information

CONTACT: (519) 824-6340

<http://www.pgng.ca/>

CODES: D – YR – I – W – F – NP – SKIC



Planet Kids

The largest privately-owned day camp in Canada, Planet Kids is entering its 20th season.

With 3 locations, and 35+ programs, they are happy to have children of all abilities at their camp, and work to ensure that campers are welcomed and included in activities to the best of their ability.

WHERE: Milton & Oakville. With busing available from Guelph to our Milton location (Summer only).

HOURS: 9:00 a.m. to 4:30 p.m. with extended care available (additional cost)

WHEN: July and August and March Break

ELIGIBILITY: Ages 5 to 16

FEES: Vary starting at \$ 210 per week. No added cost for bussing.

CONTACT: Lindsay Vos 1-877-322-KIDS (5437)

pkinfo @ planetkids.ca or <http://www.planetkids.ca>

CODES: D – I

Playsense Activity Centre – Camps

Playsense is a fully accessible play centre for individuals of any age with developmental disabilities. Diverse play activities & specialized adapted equipment promote fun, creativity & movement exploration, maximizing the physical, cognitive, and social development of individuals with special needs. Fun outings into the community complement the fun and festivities found within the walls of PLAYSENSE. Separate summer camps are offered to youths, teens and adults.

WHERE: 20 Shelldale Cres. Guelph

HOURS: 8:30 am – 3:30 pm (Before and after care available, at a small fee)

WHEN: PD Days, Exam Days, March Break, July and August, Winter Holiday Break

ELIGIBILITY: Ages 6 and up with special needs

FEES: Contact for fees

CONTACT: 519-780-5052 or 519-827-6064

playsense @ hopewellchildrenshomes.ca or www.hopewellchildrenshomes.ca

CODES: D – YR – S – F – W – VS – NP – SKIC



INCLUSIVE RECREATION DIRECTORY CAMP CODES

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SKIC-Current Supporting Kids in Camp Partner **NP** – Non-Profit program/camp

Rainbow Day Camp

Rainbow Programmes for Children operates the summer recreation program, Rainbow Day Camp. This accredited, inclusive, not-for-profit, charitable organization has been providing quality summer programming since 1973. Our full day, week-long sessions are for children and youth aged 4 – 21 years, of all abilities. Camp sessions operate during July and August on the University of Guelph campus. Campers are involved in all kinds of activities including a daily swim, arts & crafts, music & singing, drama, active games, science, cooking, and a host of special events that coordinate with our theme weeks. Special Guests are invited to camp to entertain our campers each week and may include storytellers, musicians and magicians, just to name a few. Every day is packed with an array of activities and Rainbow offers an inclusive environment for all children and youth. In order to have a positive experience at Rainbow, children with special needs can be matched up with a qualified Inclusion Counsellor to set up the camper for a successful week at camp. Families also have the option of sending their own Private Contract Worker (including a Supporting Kids in Camp counsellor) with their child or youth to camp. In 2008, Rainbow achieved and has since maintained Accreditation with HIGH FIVE[®], Canada's quality assurance program developed by Parks and Recreation Ontario that supports the safety, well-being and healthy development of children in sport and recreation.

The programs offered at Rainbow include Children's camp for children aged 4-10, Leader-in-Training Program for youth aged 11-14, Teen Camp for youth with special needs aged 12-21 and the Volunteer Program for youth aged 15-17.

WHERE: University of Guelph Campus, East Residence, Guelph

HOURS: 9:00 to 4:00 with available extended care (8:00 a.m. – 5:00 p.m.)

WHEN: July and August * Registration opens in early March.

ELIGIBILITY: Ages 4 – 21 for the various camps

FEES: \$175/week (full weeks), extended care is an additional \$15/week

CONTACT: Jennifer Harrison, administrator 519-837-0387

or info@rainbowdaycamp.com www.rainbowdaycamp.com

CODES: D – I – F – W – PS – VS – NP – SKIC



Royal City Soccer Club

The Royal City Soccer Club is excited to celebrate their 24th annual soccer camps. Their camps, now in over 90 locations in Ontario, Nova Scotia, Manitoba, Saskatchewan, Alberta and British Columbia, are the most popular grassroots soccer camps in Canada. The camp program is uniquely designed to offer a soccer focus in the morning and a leisure swim with other organized camp activities in the afternoons. They offer full day, morning and afternoon sessions. They also offer early drop off and late pickup times fully supervised at no extra charge.

WHERE: Lyon's Park, Guelph

HOURS: 9:00 to 4:00

WHEN: July and August

ELIGIBILITY: Ages 5 to 13

FEES: Full Days - \$ 159/week, Half Days - \$ 99/week

CONTACT: 1-800-427-0536

www.royalsoccer.com

CODES: D – I - NP

INCLUSIVE RECREATION DIRECTORY CAMP CODES

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F-Funding Available

I-Integrated

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VS-Volunteer Support

SKIC-Current Supporting Kids in Camp Partner **NP** – Non-Profit program/camp

Guelph Saultos Gymnastics

Gymnastics, games, outdoor activities, and so much more

WHERE: 377 College Ave West

HOURS: Camp runs 9:00AM to 4:00PM Monday-Friday with free before and after childcare (8:00am-9:00am / 4:00pm-5:00pm)

WHEN: July and August

ELIGIBILITY: Ages 3-11

FEES: Contact for fees

CONTACT: info@guelphsaultos.ca / 519-837-3335

www.guelphsaultos.ca

CODES: D – YR

Scouts Canada

The mission of the World Organization of the Scout Movement is to contribute to the education of young people, through a value system based on the Scout Promise and Scout Law, to help build a better world where people are self-fulfilled as individuals and play a constructive role in society.

WHERE: Contact for Information

HOURS: Contact for Information

WHEN: Contact for Information

ELIGIBILITY: Ages 5 to 26. Boys and girls welcome.

FEES: Contact for Information

CONTACT: Peter Gamblin, Area Coordinator

519-827-7653 or www.scouts.ca

CODES: YR – NP – I

Sealy Karate School

The carefully structured programs go far beyond punching, blocking, and kicking. They will help you acquire effective self-defence skills and provide you with a comprehensive, personal development program. It is their goal to raise the quality of life for all their students in every way possible. Camp includes daily themes—to promote team spirit, special karate camp classes—katas, sparring, grappling, weapons, throws, falls & takedowns, self-defense, special guest appearances, exploring the many features of Guelph, cooling off in the wading pool at Exhibition Park and plenty of exercise!

WHERE: 10 Speedvale Ave. E., Unit G

HOURS: Contact for Information. Camp runs 9:00 a.m. to 4:00 p.m.

WHEN: Year Round Programs, Summer, Winter, PD Day and March Break Camps. Contact for Information.

ELIGIBILITY: Ages 5 and up

FEES: Daily registrations also available. Contact for program fees.

CONTACT: 519-821-5425

sealykarate@sealykarate.ca or www.sealykarate.ca

CODES: D – YR – I

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PS-Paid Support

VS-Volunteer Support

SKIC-Current Supporting Kids in Camp Partner

NP – Non-Profit program/camp

Special Olympics

Special Olympics There are currently more than 31,000 registered athletes in Canada participating in an average of at least two Special Olympics sport programs per year. The benefits individuals receive from sport programs are widely known. Participation in physical activity promotes balance, co-ordination, body control and improves total physical fitness.

WHERE: Contact for Information

HOURS: Contact for Information

ELIGIBILITY: Ages 8 and up with an intellectual disability

FEES: Contact for Information

CONTACT: <http://www.specialolympicsguelph.com/become-an-athlete/>

Or Paul Turner 519-843-2559

CODES: YR – S – NP

Sportball

Sportball programs include 8 popular sports: soccer, hockey, baseball, basketball, tennis, volleyball, football and golf. Participants learn, rehearse, and refine sport skills in a positive, supportive and non-competitive environment. This is achieved by breaking down each skill into building blocks and using simple words to give instruction. Goals of the Adapted Program: *Development & strengthening of social skills * Improvement in sport skills & fitness * An ability to cooperate in play * Improvement of body awareness * Improvement of focus and attention*

ELIGIBILITY: Ages 16 months to 12 years. Adapted Sportball ages 5 to 17.

FEES: Vary. Contact for Information

CONTACT: [1-877-678-5437](tel:1-877-678-5437) or www.sportball.ca

CODES: YR – I

Town of Minto

Adventure Camp program includes games, crafts and swimming at the local pool on a daily basis. 3 bus trips per summer are planned. Each week has different themes and activities to provide an enjoyable day camp program.

WHERE: Harriston and Palmerston

HOURS: 9:00 to 4:00 with extended care available

WHEN: July and August

FEES: \$ 30/day or \$ 120/week, plus cost of bus trips

CONTACT: 519-338-2511 ext. 243 camp @ town.minto.on.ca

www.town.minto.on.ca/departments/recreation/spring-summer-programs/adventure-camp

CODES: D – I – SKIC

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Sunrise Therapeutic Riding and Learning Centre

Sunrise offers the following programs:

Therapeutic riding/driving/grooming – lessons for adults and children with special needs (cognitive and physical), taught by CanTRA certified instructors, to help each rider to reach their full potential. Lessons are tailored to suit the individual's physical and/or cognitive needs and abilities, with input from our consultant physiotherapist, occupational therapists and speech language pathologist. Up to 3 volunteers assist a rider as needed, and adaptive equipment is provided.

Equine Facilitated Wellness(EFW): EFW is mental health treatment and intervention that incorporates equines to provide clients with the opportunity for self-reflection, self-awareness and the development of new skills to enhance their overall mental health and wellness. These confidential sessions include a mental health professional (MSW) and equine professional. These services can sometimes be claimed through the client's insurance. Limited spaces and availability.

Camp Sunrise – fully integrated summer day camps:

Farm Discovery Camp – ages 5-8

Riding Camp – ages 8 -13+

Leader-In-Training Program –ages 13-16 (application and interview required)

We offer a 1:6 ratio of counsellors to campers, in addition to LIT's. Trained volunteers provide 1:1 support as needed in group riding lessons.

Little Breeches Club - an integrated program providing an introduction to horses for children aged 4 to 7.

Scotiabank Life Skills Day Program – a farm-based day program focusing on equine and horticultural activities for adults with special needs. Currently running on Tuesday and Thursday year round.

WHERE: 6920 Concession 1, RR 2, Puslinch

HOURS: Office Hours: 8:00 to 4:30 Mon to Fri year-round.

WHEN: Therapeutic Riding lessons – day/evening/weekend lessons year round; Camp Sunrise – July and August; Little Breeches Club – 5 Saturdays in spring and in fall; Scotiabank Adult Life Skills Day Program – year round

ELIGIBILITY: Ages 4 to Adult depending on program

FEES: Camp - Riding Camp (\$610 / 2 weeks), Farm Discovery Camp (\$200/ 1 week), Leader-in-Training Program (\$50 / 2 weeks). Little Breeches Club (\$125 / 5 Saturdays). For information about therapeutic riding, EFW and life skills fees please contact office.

CONTACT: 519-837-0558 ext. 21 or [info@ sunrise-therapeutic.ca](mailto:info@sunrise-therapeutic.ca) or www.sunrise-therapeutic.ca

CODES: D – YR – F – I – W – NP – SKIC – VS



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SKIC -Current Supporting Kids in Camp Partner	NP – Non-Profit program/camp	VS -Volunteer Support

University of Guelph Integrated Track And Field Camp

The University of Guelph Track and Field program is thrilled to launch our first Integrated Track And Field Camp. Able bodied and athletes with a disability will attend the camp side by side and participate in all the events that track and field offers. Camp will be led by our camp director Cleve Thorson, a former national team track and field athlete and elementary school teacher in the area. Jenn O'Brien, coach of Canada's Para Track and Field team will also be at camp assisting our young athletes in learning the skills of track and field. Campers will be exposed to an exciting mix of technical practice, games and special events; moving from general to more specific. Staff will adapt the skills to work with any level of camper. Thanks to the generous support of the Goodlife Kids Foundation we will offer a 5:1 staff to counsellor ratio, with additional volunteers supporting campers with higher needs.

WHEN Please contact for dates.

HOUR: 9:00am-4:00 daily, free additional care 8-9am & 4-5pm

WHERE: University of Guelph

ELIGIBILITY: Please contact for more information

FEES: Please contact for fees

CONTACT: www.gryphons.ca

CODES: D – I –W- VS- SKIC



North Riverside Neighbourhood Group

North Riverside Neighbourhood Group is a non-profit group of dedicated community members looking to help support children, families, and adults in our neighbourhood. By providing social, recreational, and educational programs and acting as a resource to help link people to other community agencies.

WHERE: Waverley Drive Public School, 140 Waverley Dr., Guelph

HOURS: Office hours are Monday & Tuesday , 11 a.m. to 3:00 p.m, Wednesday 3:30-7:30pm .

WHEN: After School, Camp and Family night programs available. Contact for more information. **FEES:** Contact for Information.

CONTACT: (519) 821-9677 northrivsidegroup@ hotmail.com or www.northrivsideeng.ca

CODES: D – YR – I – NP – SKIC –

West Willow Village Neighbourhood Group

The **West Willow Village** offers a number of Recreation programs following the HIGH Five program designs principles of Healthy Development. A Recreation After School Program at Westwood PS, a free Tuesday evening Active Sports Program for grades 6 - 7 - 8 at St Peters Catholic School, a Thursday evening Adult Sports Night at Westwood PS, Tuesday evening Badminton Program at Mitchell Woods PS, a Family Zumba classes Tuesday at St Peters Catholic School and Friday at Westwood PS. PA Day and March Break Camps, and a seven week Summer Camp with a L.I.T. program is also offered. The Young Urban Farmers summer program is for students entering high school in September or currently attending high school, it runs all summer July and August. The Youth learn to garden, harvest and as a small cooperative business sell their produce at the Wednesday Downtown Market. The program provides an opportunity for youth to strengthen their employability skills, leadership skills and *(continued on next page...)*

INCLUSIVE RECREATION DIRECTORY CAMP CODES

R-Residential Camp Program

D-Day Camp Program

YR-Year Round or Seasonal Program

F-Funding Available

I-Integrated

S-Specialized

W-Wheelchair Accessible

M-Medical Staff on Site

PS-Paid Support

VS-Volunteer Support

SKIC-Current Supporting Kids in Camp Partner **NP** – Non-Profit program/camp

**CAMP, SPORTS, PLAY AND FUN...
ACCESSIBLE TO EVERYONE!**

transferable job skills. Recruitment for this program starts in the Spring. We also offer a number of family supports including Emergency Food support, Monday Grab & Go Coffee, Bread, and other items program at various neighbourhood locations, a *Get ready for School* program that provides Backpacks, supplies and clothing; free Income Tax Preparation Clinics and the west-end Holiday Hamper project which connect families to the Salvation Army's food and gift supports. The West Village also organizes a number of neighbourhood-based events including Family Pumpkin Carving, Holiday Crafts and cookie making, and events in cooperation with School Councils such as Movie Nights and Family Games Nights. Larger annual Village-wide Events include Winterfest in February, City Clean and Green in May and the annual Fall Fair in September. (the location and facility is accessible)

WHERE: The office is located in the portable behind Westwood Public School, 495 Willow Rd., Guelph

WHEN: Dates and duration vary by program. Office hours Mon- Wed 9am – 5pm. Appointments are encouraged. Camp Hours 9am-4pm.

ELIGIBILITY: All programs are open to families in the community. Preference is given to families who live in neighbourhood but the broader community is welcome.

FEES: The Recreation programs have program costs, please contact.. Many programs and services are offered at no cost. Subsidies are available.

CONTACT: 519- 826-9930

info@westwillowvillage.ca or www.westwillowvillage.ca Twitter @GuelphVillage

YMCA-YWCA OF GUELPH – DAY CAMP PROGRAMS

The YMCA of Guelph builds strong kids, families and communities through lifelong growth in spirit, mind and body. For children, this is achieved through camp programs throughout the school year and as well as the summer

WHERE: 3 camp programs offered:

"At the Y Camp": (130 Woodland Glen Dr.) - PD Day Camps as well as summer camp programs offered.

"Camp Conestogo": (Guelph Lake Boating Club) - Outdoor summer camps offered (canoe, kayak, low ropes, lake swimming)

"Leader In Training Program": (13-17 yrs 130 Woodland Glen Dr.) - Leadership program offered to 13-17 yrs during March Break and throughout the summer.

Note: Camp Nagiwa overnight camp will no longer be running

HOURS: All Day Camp Programs – 7:00 a.m. to 6:00 p.m.

WHEN: Day Camp – March Break, PD Days, Winter Break, Summer Break. Programs – Every Day.

ELIGIBILITY: Ages 6-12 years for all Day Camp Programs

FEES: Contact for weekly rates.

CONTACT: Sarah Thomas [519-824-5150](tel:519-824-5150), ext. 270 www.guelphy.org

CODES: D – R – YR – I – F – PS – VS – W – M (residential program) – NP – SKIC



INCLUSIVE RECREATION DIRECTORY CAMP CODES

R -Residential Camp Program	D -Day Camp Program	YR -Year Round or Seasonal Program	
F -Funding Available	I -Integrated	S -Specialized	
W -Wheelchair Accessible	M -Medical Staff on Site	PS -Paid Support	VS -Volunteer Support
SKIC -Current Supporting Kids in Camp Partner	NP – Non-Profit program/camp		

Inclusive Programs Location outside Guelph Wellington

Camp Name	Website/Information
Camp Couchiching	www.campcouchiching.com
CNIB Lake Joseph Centre	http://www.cnib.ca/en/about/facility/LakeJoseph
Camp Awakening	www.campawakening.com
Crane Lake Discovery Camp	http://cranelakediscoverycamp.org/
Easter Seals Ontario	www.eastersealscamps.org
Hanover Recreation Department	www.hanover.ca/recreation-programs
Handi-Camp	https://bcmintl.ca/camping/handicamp/
Camp Kirk	www.campkirk.com
Camp Kodiak	www.campkodiak.com
Club Kodiak	www.clubkodiak.com
Camp McGovern	www.campmcgovern.com
Camp Pine Crest	www.camppinecrest.ca
Camp Trillium	www.camptrillium.com
Ontario Pioneer Camp	www.pioneercamp.com
Project Canoe	www.canoe.org
Camp Shalom	www.campshalom.ca
Silverlake Mennonite Camp	www.slmc.ca
Camp Towhee	www.camptowhee.ca
Track S Ski School	www.waterlootrack3.com
Camp Winston	www.campwinston.com

For additional out of region camps, consult the Ontario Camping Association Guide:

www.ontariocamps.ca

FINANCIAL ASSISTANCE INFORMATION

ORGANIZATION	TARGET POPULATION	CONTACT
Children's Foundation of Guelph Wellington	Children wishing to attend recreational programs in or out of school who do not have the means to do so. The foundation may be able to fund up to 100% of registration fees.	Info @ childrensfoundation.org 519-826-9551 http://www.childrensfoundation.org/what-we-do/free-to-play/apply-for-funding
A Children's Voice Foundation	Supports and enhances the physical and emotional well being of sick and disadvantaged children across Canada	Info @ acvf.ca 1-888-837 3354 www.acvf.ca
AMICI	Children between the ages of 6-17 wishing to attend a residential camp program who do not have the means to do so. Applications are due in the fall.	http://www.amicicharity.org/
Jennifer Ashleigh Children's Charity	Help with costs surrounding a child's illness when the family is in need financially. Requests for assistance in the following areas will be considered: emergency financial relief; care giving; therapies; education; computers; medical treatment; recreation.	generalmail @ jenash.org 905-852-1799 http://www.jenniferashleigh.org/
KidSport Ontario	Local children 18 years old or younger who are facing financial barriers preventing them from joining organized sport. Funding is available for recreational supports and High School activity fees.	http://kidsportcanada.ca/index.php?page=ontario_how_to_apply 1-866-641-7767 adamv @ kidsportcanada.ca
Beta Sigma Phi Guelph City Council	Each chapter makes its own decisions regarding information/requests for assistance. Passes on to chapters, requests for financial assistance from non-profit organizations and individuals. Requests must be submitted in writing. Women 19+	Lois McMillan, City Council President, Beta Sigma Phi; Phone: 519-836-4557 Email: rmcmillan@xplornet.ca
Reach for the Rainbow	Children wishing to attend primarily residential programs who require one-to-one support. There is a fee to families, but it is typically lower than a private support worker.	www.reachfortherainbow.ca
Presidents Choice Children's Charity	We support children with special needs by providing financial grants for essential specialized equipment and essential therapies. Through	http://www.presidentschoice.ca/LCLOnline/pcccWho.jsp

	individual grants, the charity is able to supply much needed resources and help provide a renewed sense of independence, dignity and freedom.	Email: PCCharity@Loblaw.ca 1-877-525-4762
Sunshine Dreams for Kids	The Sunshine Foundation is the only national Canadian charity to provide individual dreams to children with severe physical disabilities (such as spina bifida or cerebral palsy) as well as life-threatening illnesses.	http://www.sunshine.ca Dream Fulfillment: dreams@sunshine.ca 1.800.461.7935
Easter Seals Society of Canada	Helping Kids with Physical Disabilities Succeed Requests for financial assistance through the Recreational Choices Funding Program are processed on a first-come, first-served basis. The application must be received in our Head Office no later than June 1, 2013.	http://www.eastersealscamps.org/ camp@easterseals.org Holly Young, Recreation Co-ordinator Toll Free: 1.800.668.6252 x325
Jump Start	Children wishing to attend organized, active recreation programs including dance, and sports (no camp programs).	http://jumpstart.canadiantire.ca/en.html#apply The application process can be started the last two weeks of January and July by calling 1-877-616-6600
Tim Horton Children's Foundation	Children who would benefit from a residential camp program. Local store owners contact agencies for referrals.	Contact an agency or school your family is involved with; see if they have been approached for recommendations.
June McCann Fund	Clients of CMHA looking to access opportunities for recreation or education.	Contact your CMHA WWD staff members for details and a referral.

USING SPECIAL SERVICES AT HOME (SSAH) FUNDING FOR CAMPS

Special Services at Home (SSAH) funding can be used to cover registration and support costs for summer camp programs. Summer camp registration fees for siblings can also be paid for with SSAH funding.

When using SSAH funding for camps remember

- SSAH funding will cover registration fees but not *additional costs* such as camp T-shirt if they are not covered in the registration fee.
- Funding for transportation costs are reviewed on a case by case basis, speak with your SSAH coordinator or ministry representative if you may need to use your SSAH funding for transportation to camp.

If you use a **transfer payment agency** for your funding, such as CMHA WWD, (*Invoices sent to CMHA WWD not sent directly to the Ministry of Community and Social Services or the Ministry of Children and Youth Services*).

Here are some steps to remember when using funding for recreation programs include:

1. Make sure the program is eligible under the SSAH Guidelines (*see fact sheet link below or contact your SSAH Coordinator if you are unsure*).
2. Complete the registration process for the camp or recreation program
 - a) If you are paying for the program and will be reimbursed by your transfer agency, **request two copies of your receipt** – one to submit and one to retain for your records
 - b) To receive **REIMBURSEMENT** for camp programs you have paid for : Submit an **“Invoice for Services Provided”** sheet with your **receipt**
 - c) If you would like the transfer agency to pay the program directly, request an **invoice** from the camp program
 - d) To have the transfer payment agency pay the camp program directly: Submit an **“Invoice for Services Provided”** with your **invoice**

For more information about what Special Services at Home (SSAH) funding can be used for, the SSAH Fact Sheet can be found at

<https://cmhaww.ca/wp-content/uploads/2016/04/SPECIAL-SERVICES-AT-HOME-SSAH-FACT-SHEET-April-2015.pdf>



HIRING AN INDEPENDENT SUPPORT WORKER

While many camps do offer support for children with special needs, you may be more comfortable contracting with a worker that is screened and paid by your family. These suggestions for contacting and contracting with independent workers have been received from families, agencies, camp programs and support workers in Wellington County and are intended as a resource which may be helpful however the questions will be applicable to all situations.

WHAT TO LOOK FOR IN AN INDEPENDENT SUPPORT WORKER

What you are looking for in a worker will obviously depend on the needs of your child.

Consider the following questions...

- ❖ Would you like to contract with a university or high school student, or someone who provides support as their profession?
- ❖ Are you looking for more of a peer support or someone who can provide higher level support such as personal care or supporting challenging behaviours?
- ❖ Do you need the worker to transport the individual to camp?
- ❖ What skills will the worker need to fully participate in the camp program? The ability to swim? A comfort level with animals? All workers will need lots of energy, enthusiasm and a commitment to inclusion and ensuring your child has a great summer experience!
- ❖ Does the worker need to be comfortable administering medications or will the camp handle that?
- ❖ Does the worker need any certifications or specific training? First Aid? CPR? Non-violent crisis intervention? Training in different communication systems? Remember that many camps make some of these requirements for their staff.
- ❖ Would you like to have one worker for the entire summer, or connect with a few different workers? Working with 2 or 3 different staff may help to prevent burn-out and provide some options if the primary worker becomes ill during the summer.
- ❖ If the worker *is* ill, would your child still be able to attend camp?
- ❖ What is the rate you are comfortable paying a worker? Typical hourly rates tend to be around \$12-\$15/hour with a flat rate between \$400 and \$500. A typical camp week is 40 hours.

WHERE TO LOOK FOR AN INDEPENDENT SUPPORT WORKER

Some places where you can advertise for or inquire about independent support workers are:

- ❖ Community or parent groups
- ❖ Churches Schools (Educational Assistants or Peer Supports)
- ❖ Recreation programs (Programmers or volunteers)
- ❖ ***Respiteservices.com***
 - ❖ To avoid any delays, state special requirements in the ad, such as the need to attend a camp orientation or obtain a police check.
 - ❖ ***If you are communicating by e-mail, set up an anonymous e-mail account (that does not include your family's name) for the purposes of recruiting a worker.***

SAMPLE "FILL IN THE BLANKS" CLASSIFIED AD

Our family requires a _____ (*gender*) respite provider provide service for a _____ (*age range*) _____ (*gender*) who is _____ (*positive qualities*) and requires support for _____ (*needs – i.e. physical, developmental, cognitive*) needs.

The service provider will be responsible for supporting the child during their time at camp. Availability from/on _____ (*time, days and note flexibility if possible*) is required as well as _____ (*required skills – i.e. creativity, enthusiasm, patience, experience supporting children with your child's needs*). _____ (*additional skills*) would also be an asset.

We would like someone who is able to provide service in _____ (*Approximate location of camp*) and the rate of pay is (*weekly or hour rate*) _____ .

If you feel you would be a fit with our family, please contact us at (XXX) XXX XXXX or _____ (*e-mail*).

INFORMATION TO PROVIDE TO A CANDIDATE OVER THE PHONE

The first phone call is an excellent opportunity to provide more information about your child, and conduct the first screening of a potential worker.

Some information to provide over the phone

- ❖ Your child's gender, age, interests, strengths
- ❖ Time and location of work
- A reminder that it is a camp position
- ❖ What kind of camp your child will be attending
- ❖ Your child's support requirements (personal care, communication needs, support required for behaviours, etc).

Some questions to ask the candidates over the phone

- ❖ What experience he/she have providing support
- ❖ Why they have chosen this field of work
- ❖ What would the last family he/she worked for say was his/her greatest strength?
- ❖ Has he/she worked at camp or gone to camp in the past? What does he/she think will be the best part of working in a camp environment?
- ❖ What does he/she think will be the hardest part of working in a camp environment?
- ❖ Can he/she tell you about a situation they he/she has handled well in the past?
- ❖ Does the candidate meet your requirements (i.e. certifications, access to a vehicle, etc)?

INFORMATION TO PROVIDE A CANDIDATE DURING AN INTERVIEW

- ❖ An *“All About Me”* profile about your child (The *“One Form”* or a *personal profile* form used for camp applications hold a lot of great information for a potential worker)
- ❖ A chance to ask questions about your child
- ❖ A brochure or pamphlet about the camp program, including a schedule and list of things they will need to bring (this list will be similar to what your child needs)
- ❖ How they will be paid
- ❖ An opportunity to interact with your child (which you can carefully watch – what are you looking for? Energy, enthusiasm, positive attitude, listens to your child, encourages him or her, interested in activities, dressed appropriately, speaks age appropriately or suggests age appropriate activities, makes eye contact with your child on their level)
- ❖ Your goals for and expectations of the worker (are they there to facilitate social interaction? Hand over hand support for activities? Personal care?)
- ❖ An opportunity to visit the camp or talk with the camp staff if possible
- ❖ How the worker will travel to and from camp (i.e. bus, car, with you and your child)

INFORMATION A WORKER SHOULD PROVIDE TO YOU AT THE INTERVIEW

- ❖ References
- ❖ Police check including vulnerable sector screen
- ❖ Copy of his/her resume
- ❖ Copy of any certifications they have listed on their resume (i.e. first aid/CPR)

SAMPLE INTERVIEW QUESTIONS

1. Describe the work you have been doing. What has been the most difficult aspect of your job and what has been the most positive aspect of your job?
2. When you worked at or attended camp, what was your favourite activity and how would you ensure our child could participate in that activity?
3. How would you support our child in making a new friend during their time at camp?
4. Describe how your experience and skills that are in your resume benefit you as a respite provider?
5. How/Why do you think you will add value to our child’s camp experience?
6. What do you see as the most challenging aspect of this role?
7. How will you help ensure good communication between yourself, the camp staff and us?
8. What are your greatest strengths/attributes?
9. How would you deal with a situation where your views about how to proceed with a goal for our individual differed significantly from our/my views? How would you deal with a situation where our views of inclusion were similar, but the camp’s view was different?
10. What hobbies or special skills do you have?
11. What strategies have you used in the past to handle...(specific challenges the individual may have i.e. transitioning).

SAMPLE REFERENCE QUESTIONS

1. In what capacity do you know candidate and for how long?
2. Would you be pleased to have him/her work with you again?
3. Have you observed his/her work with children/adults?
4. What qualities does s/he have that would work well as a respite provider supporting individuals with a developmental disability?
5. How would you describe his/her personal characteristics?
6. Can you comment on the independence level of the applicant?
7. From your experience, please give an example of this person's reliability and commitment
8. Do you know of any reason why the applicant should not be considered suitable to work as a respite provider?
9. Is there anything we should know about this applicant that could affect their ability provide support as a respite worker with our family?

SAMPLE QUESTIONS TO ASK DURING THE CAMP WEEK

1. Is the worker on time and prepared?
2. Are they still engaged with your child at the end of the day?
3. Are they dressed appropriately to have fun?
4. Does your child tell you about any activities he/she enjoyed during the day?
5. Does the child talk more about the support worker than any children or staff at the camp?
6. Does the worker ask about the child's evening and morning to adjust expectations for the day?
7. Does the worker have positive things to say about the staff?
8. Do the camp staff have positive things to say about the worker?



Information put together by Supporting Kids in Camp and Respiteservices.com/Wellington



ADDITIONAL RESOURCES ON THE WEB

Access Information and Referral <http://accessinformation.ca/>

Newletters, training, resources for the developmental services community

City of Guelph Recreation Supports <http://guelph.ca/living/recreation/recreation-programs/support-services/>

Lists and applications for recreation supports available for the City of Guelph programs including PAL card

Ontario Camping Association <http://www.ontariocampsassociation.ca/>

Camp programs in Ontario, including camp fair dates and locations

Ontario Early Years Centre Links <http://www.guelphchc.ca/developmental-health/program-guide>

Links to various child development resources

Canada Revenue Agency – Child Benefits <http://www.cra-arc.gc.ca/bnfts/menu-eng.html>

Information in benefits and tax credits related to children and family

Geneva Centre for Autism – Free Visuals http://elearning.autism.net/visuals/main.php?g2_itemId=25

Various schedules, picture symbols and boards and tips on using them

Respiteservices.com <http://www.respiteservices.com/wellington>

Independent service provider database, information on funding and training sessions in the community

Community Resource Centre <http://www.communityresourcecentre.org/>

Community resources for families in Centre and North Wellington

Township of Wellington North <http://wellington-north.com/government/departments/recreation>

Recreation and Leisure opportunities for families in Arthur and Mount Forest

Town of Minto <http://town.minto.on.ca/>

Community information for Harriston, Palmerston, Clifford and Minto

Wellington County Libraries <http://www.wellington.ca/Library/>

The various library branches throughout Wellington County offer a variety of children's programming

Calypso <http://www.autismontario.com/client/aso/calypso.nsf/web/Home?OpenDocument>

Interactive guide developed by Autism Ontario to connect families with camps that support children on the autism spectrum.

“One Form” Personal Profile for Community Programs

Regardless of special needs, all children are unique and have varying abilities and needs. To ensure your child has a successful experience at camp, it may be beneficial for you to share information about your child ahead of time. Many camps will have supplemental forms that allow you to share your child's unique needs and abilities. To assist families and camps, SKIC has created the 'One Form' which can be used as a profile of your child to share with camp staff. Families are encouraged to copy this form and include with camp registration.

Programs Currently Involved in this project:

- Supporting Kids In Camp
- KidsAbility Centre for Child Development
- Rainbow Programs for Children
- Sunrise Therapeutic Riding and Learning Centre
- And many more to come!

To download the form, follow this link:

<http://cmhaww.ca/programs-services/developmental-services/family-support-options/skic/>