

Moving on Mental Health Dufferin Wellington

Newsletter #2 - January 2017

The Moving on Mental Health (MOMH) initiative for children and youth in Dufferin Wellington has made great progress since our first newsletter in September 2016. Some key highlights include:

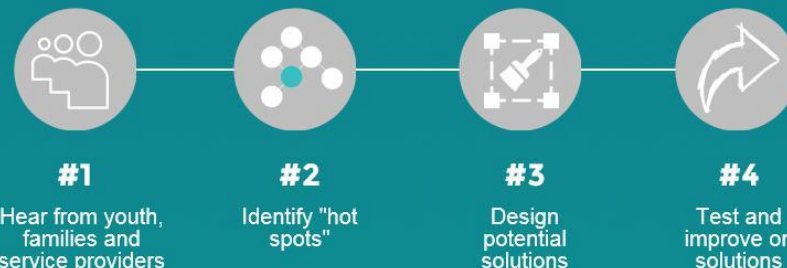
- MOMH is the process of merging our governance structure with the [Dufferin Wellington Special Needs Strategy](#) to design a system that is easier for young people and families to access and navigate!
- Conducting a service review to identify strengths and address any gaps in core child/youth mental health services across Dufferin and Wellington.
- Holding 12 feedback sessions in December 2016 and January 2017 to hear from youth, families/caregivers and service providers about three “big ideas” to improve child/youth mental health services in Dufferin Wellington.
- Building relationships with community partners to ensure our planning reflects multiple needs and perspectives.

So much good work is happening beyond the MOMH initiative as well. It is truly an exciting time of transformation for the child and youth mental health system in Ontario. A huge thank you goes out to all of the young people, family members and caregivers, and service providers attending feedback sessions in December 2016 and January 2017, and to all those helping others to participate in these sessions!

The MOMH Team

For more information, or to access past newsletters and project updates, please visit www.momhwd.com, or contact Heather Callum, Systems Coordinator at hcallum@cmhaww.ca or (226) 979-6060.

Our Design Process



Priorities Roadmap

CHALLENGES IN OUR SYSTEM	CHANGES WE ARE WORKING TOWARDS	HOW WE WILL CREATE THESE CHANGES: PRIORITIES FOR 2017-2019
ACCESS	Making it easier for people to find the supports they need	<ul style="list-style-type: none"> Align with the Special Needs Strategy table to create one access point for mental health and special needs services for children and youth, via Here 24/7 Co-design a Here 24/7 App to ensure it is child, youth and family-friendly
SUPPORT	Enhancing support for young people and families as they navigate the mental health system	<ul style="list-style-type: none"> Design flexible support teams that work with whole families, towards the goals youth and families identify for themselves, based on effective collaboration and coordination between service providers Ensure easy, shared access to client information that everyone on a care team can use to support a family (including youth and families themselves) Explore how the connection of Here 24/7 to the Hospital Report Manager system in 2017 can improve communication and service outcomes for children and youth
SERVICES	Ensuring young people and their families can access the right services/supports at the right time	<ul style="list-style-type: none"> Complete a service inventory Review strengths and address any gaps in core services Reduce wait times for services Respond to cultural, linguistic and rural area needs (e.g. First Nations, Metis, Inuit and francophone) Compare the service structures at core service agencies and look for opportunities to streamline our processes
SYSTEM COHESION	Building the infrastructure needed to support collaborative system planning	<ul style="list-style-type: none"> Create one Steering Committee to oversee mental health and special needs planning Explore shared access and system alignment opportunities with Waterloo Region Build capacity for shared measurement and collaborative system planning Through Here 24/7, explore a connection between the databases of the three core service agencies Map the service pathways across Dufferin and Wellington Create a framework for ongoing, meaningful engagement of youth and families