



Child & Youth Sexual Abuse Team

What is the Child and Youth Sexual Abuse Team (CYSAT)?

CYSAT is multi-disciplinary Team in Guelph and Wellington that focuses on children who have experienced sexual abuse, children who exhibit sexualized behaviour, and youth who have sexually offended. Our goal is to improve our services for the families who access them by building greater community capacity to cope with these challenges, as well as stronger relationships and increased collaboration between our partners (listed below). We have developed community protocols and training for community partners, so we are better able to provide assessment and treatment for these populations.

Who can access this program?

- Children or youth aged 0-18 presenting with sexual abuse
- Children under the age of 12 presenting with sexualized behaviours
- Children 12 and over presenting with sexual offending behaviours

What services do we offer?

- Case Management – coordinating with School, Family and Children's Services, Police/OPP, Victim Witness, Guelph General Hospital, Probation, etc;
- Assessment specific to the presenting concern— including broad assessment of general behaviour and psychological functioning, specific assessment of problematic sexualized behaviour, and/or specialized risk assessment for sexually offending youth (according to principles outlined by ATSA: the Association for the Treatment of Sexual Abusers);
- Family work— which may include family dynamics, boundary issues, communication issues, reunification work between the victim and perpetrator (particularly with sibling sexual abuse), and other topics;
- Safety planning—particularly with sexualized behaviour and sexual offending;
- Psychoeducation (for both the child/youth and caregivers);
- Group services, depending on need and availability; and
- Treatment specific to the presenting concerns

Accessing our Service

Please contact Here 24/7:

1-844-HERE247 (#s 437-3247)

They will help you determine next steps.

Community Team Members:

- Family Counselling and Support Services
- Family and Children's Services of Guelph Wellington
- The University of Guelph
- Guelph General Hospital's Sexual Assault/Domestic Assault Centre
- The Canadian Mental Health Association, Waterloo Wellington

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