



Canadian Mental
Health Association
Waterloo Wellington Dufferin

Association canadienne
pour la santé mentale
Waterloo Wellington Dufferin

FAMILY SUPPORT OPTIONS

April 2015

Special Services at Home (SSAH):

Please remember to inform your coordinator of any changes in contact information. Changing your address on an invoice will **not** change the information on your child's file, which could result in returned mail. For families who have Special Services at Home workers hired by CMHA WWD, please note that the Civic Holiday, Monday August 3rd, 2015, is now recognized as a statutory holiday.

Training and Educational Events:

If you have a respite worker who would like to improve their skills in order to more effectively work with an individual who has a developmental disability there are free trainings available. STARS (Specialized Training for Adult Respite Support) are pleased to offer free adult-specific training across the Central West Region. Trainings will be held in Halton, Peel, Dufferin, Wellington and Waterloo and will cover a wide-range of topics.

Trainings will include, but are not limited to: Non-violent Crisis Prevention and Intervention, First Aid/CPR, Sexuality, Mental Health, and much more.

Honorariums will be given to respite workers who complete trainings and provide feedback.

For more information go to: <http://starsrespitetraining.weebly.com/>

Invoice Submission

Invoices are due the 7th &, 22nd of each month by 8:00 am. These dates are noted on back of the invoice. **All invoices for this fiscal year April 1, 2015 submitted by 8:00 am on Tuesday April 7th, 2015 were delayed due to reporting commitments to the Ministry of Children and Youth Services. Our apologies for any inconvenience this may have caused.**

New site opening, the Delhi Office is moving to 80 Waterloo Ave Guelph as of June 8. The Mail box for submission of invoices and service records will be relocated and available on June 8.

The phone numbers for faxing invoices remains the same.

Please ensure you are using CMHA WWD invoices. Forms are available at <http://wwd.cmha.ca/our-services/fso/> or at the Silvercreek Guelph, Fergus, Mount Forest, 80 Waterloo Ave Guelph, Office locations. Or contact your coordinator to have forms mailed to you.

Seasonal Support Funds

Seasonal Supports funds are available again this year please review attached flyer and respond as indicated.

Supporting Kids In Camp (SKIC):

<http://wwd.cmha.ca/our-services/fso/skic/>

SKIC provides one to one support worker to attend the day camp of your choice with your child for one week through the summer as well as during March Break at no cost to families.

For more information please contact Tiffany Fagan- Supporting Kids In Camp Program Coordinator at 519-821-8089 ext. 7033.

Transition Planning

Transition planning is preparing for one of the most significant times in your child's life—becoming an adult. SSAH is a program for children only, ending at the age of 18 years. To find out if your child is eligible for adult developmental services, you must apply through Developmental Services Ontario (DSO). You can contact DSO when your child is as young as 16 to have their eligibility confirmed. We encourage you to apply through the DSO as soon as possible before your child's 18th birthday. The DSO will also be able to provide you with information about other community programs and services. **For more information about the application process for adult developmental services, contact DSO at 519-821-5716 or 1-888-941-1121, or visit their website at www.dsontario.ca**

"Transitions Central West Region" website:

This website will help students and families to plan for life after high school. It has been prepared in both English and French language versions, with information sheets available in multiple languages on the home page. The website builds on the many resources and tools that have been created in our communities, particularly through developmental services' partnerships with school boards!

This site will allow users to do several things, including:

- 1) Explore resources in their community that might be of assistance;
- 2) Find "transition checklists" that can help with planning;
- 3) Register on the site to develop a personal transition plan that can be shared with others!

The website is located at www.transitionscwr.ca



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What is Here 24/7?

	<p>1 844 437 3247 (HERE247)</p> <p>Call anytime to access Addictions, Mental Health & Crisis Services Waterloo-Wellington-Dufferin</p>	<p>If you have concerns, we hope you'll reach out. WE'RE HERE 24/7.</p>
		<p>Here 24/7 and its service partners comply with Ontario's health privacy standards. Full details can be found at here247.ca/privacy.</p> <p>Addictions, Mental Health & Crisis Services</p>

Here 24/7 is the new way to access the full range of addictions, mental health and crisis services in our region (Waterloo, Wellington, Dufferin.) By calling 1-844-HERE-247 or walking in to one of CMHA's four sites, people will connect with the intake and assessment process for 12 agencies from across our region. The Here 24/7 Service Coordinator who takes the call will help figure out what the full range of needs are, prioritize those concerns and get the ball rolling on booking appointments with the right kinds of services. **If the caller is in a crisis situation, they will be immediately offered crisis intervention from one of our Here 24/7 Service Coordinators closest to their home.**

If you have any questions about any of the information in this update, please contact your coordinator***** at **519 821-8089, or 1-844-264-2993 ext. *******

Playsense

Evening Drop ins are Wednesday/ Thursday evenings from 4-8pm with a cost of \$5/client/hr.MFTD
Saturdays dates remaining are: May 2 and June 6.

Summer Camp Dates are:

*As Playsense is running on reduced hours/schedule currently it is best to email the Playsense account playsense@hopewellchildrenshomes.ca with inquiries or Call Wednesdays and Thursdays after 2pm and speak with Michelle Oliver.